

Gymnastic Dancing

Handball

Hiking

Horse Shoes

Indian Club Swinging

Life Saving

Marching

Mat Exercises

Roller Skating

Rowing

Running

Squash

Swimming

Tennis

Track and Field

Volleyball

Wrestling

Now look back to the items you checked in the first column and mark the one you like best with a Figure 1, your second choice with a Figure 2, and your third choice with a Figure 3."

After determining these individual likes and dislikes, tabulate them in numbers and by individuals and take them into consideration in the building of the program. It is difficult to give directions for doing this in such a general paper, because of the fact that local equipment, teaching staff, course of study requirements, and other factors render any generalized treatment ineffective. One method of approach that is exceedingly effective with groups from the senior high school ages and up will be given a little later in this paper.

#### DETERMINE THE TEACHERS OBJECTIVES:

The second thing to be taken into consideration is the objectives of the teacher. The director of physical education should know what his character objectives are, what qualities he is seeking to develop, what habits of conduct he wishes to build.

In the development of his list of objectives the practical physical educator as contrasted with the teacher interested in pure psychology is faced with a dilemma. The psychologist of today will tell him that there is no such thing as a generalized trait; that there is no such thing as honesty, as cooperation, or as sportsmanship. He will say that there are hundreds of specific honesties; that one may be scrupulously honest in rendering expense accounts and not be able to count over seven in golf; or that a man may have perfect vision for seeing the mote in his neighbour's eye and be utterly unable to see the beam in his own eye.

If we were to hold to this teaching of the psychologists we should have to produce a list of many hundreds of specific objectives. The practical educator, however, recognizes that this will not do. In the first place man thinks in terms of words and there are no specific words for most of these objectives. One who does not have the word for a quality and can not express himself feels balked. This is seen perhaps as clearly as any place in the field of esthetics or in love-making. The individual who is moved by great emotions but who can not express