# PHYSICAL EDUCATION by McCloy

## TABLE OF CONTENTS

# PART ONE: PHILOSOPHICAL CONSIDERATIONS

- I. The Case for Physical Education
- II. New Wine in New Bottles
- III. Forgotten Objectives of Physical Education
- IV. How About Some Muscle?
- V. In Quest of Skills
- VI. Are There Any Fundamentals in Physical Education?
- VII. What Price Progress?
- VIII. Physical Education and Democracy
  - IX. Physical Education and Civilization

## PART Two: SOME ASPECTS OF METHOD

- X. Some Applications of Psychology to the Teaching of Physical Activities
- XI. The Relation of Physical Education to Certain Mild Forms of Psychopathology
- XII. The Project Method of Teaching Physical Education
- XIII. Character-Building through Physical Education
- XIV. Physical Education at the Psychological Crossroads
  - XV. Some Problems of Posture
- XVI. A Study of Landing Shock in Women's Jumping

#### PART THREE: EPILOGUE

XVII. The Next Ten Years in Physical Education