

Puffed rice
Ralston's food

Carrots _____
Spinach _____
Cauliflower _____
Cabbage (boiled) _____
Cabbage (green) _____
Turnips _____
Lima beans _____
Soy beans _____
Black-eyed peas _____
Lettuce _____
Squash _____
Irish potatoes _____
Sweet potatoes _____
Beets _____
Celery _____
Broccoli _____
Tomatoes _____
Green peas _____
Cucumbers _____
Green peppers _____
Onions _____
Asparagus _____
Red cabbage _____
Artichokes _____
Okra _____
Parsnips _____
String beans _____
Egg plants _____
Corn _____
Mushrooms _____
Vegetable soup _____
Rice _____

Apples _____
Oranges _____
Pears _____
Strawberries _____
Bananas _____
Grapefruit _____
Tangerines _____
Apricots _____
Plums _____
Orange juice _____
Tomato juice _____
Raisins _____
Prunes _____
Pineapples _____
Pineapple juice _____
Grapes _____
Dates _____
Cherries _____
Peaches _____

Biscuits
Toast
Fresh loaf bread
Crackers

Bacon
Cheese
Nuts
Peanuts
Meat soup
Ham
Pork
Lamb
Beef
Chicken
Turkey
Duck
Fish
Eggs

Pudding
Crackers (sweet)
Cake
Pie
Jello
Gelatine
Ice cream

Coffee _____
Tea _____
Soda water _____
Beer _____
Liquors _____
Lemonades _____
Limeades _____
Fruit juices _____

1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes the need for transparency and accountability in financial reporting.

2. The second part of the document outlines the various methods and techniques used to collect and analyze data. It includes a detailed description of the experimental procedures and the statistical analysis performed.

3. The third part of the document presents the results of the study. It includes a series of tables and graphs that illustrate the findings of the research.

4. The fourth part of the document discusses the implications of the findings and provides recommendations for future research. It also includes a conclusion that summarizes the main points of the study.

5. The fifth part of the document contains a list of references and a list of figures. The references include a list of books, articles, and other sources used in the study. The figures include a list of tables and graphs that are included in the document.