

Locking

January 26, 1944.

Miss Ann Ansel, Secy.,
Cleveland Hockey Club,
The Arena, 3700 Euclid Ave.,
Cleveland, Ohio.

Attention: Mr. Al Sutphin

Dear Miss Ansel:

I am writing you concerning Norman Locking whom you sent me for treatment of his injured knee.

Mr. Locking arrived in Lawrence Sunday, January 16. I treated him Sunday afternoon and have treated him every day since, once or twice a day, including today.

I went over the history of Mr. Locking's two previous injuries and would naturally suspect a ruptured semilunar cartilage.

After several thorough examinations I found a very acute synovitis (inflammation of the joint) and a ruptured fascia of the long head of the biceps which permitted an edema (accumulation of serum in the cellular tissue) around the outer side of the knee joint.

Mr. Locking was suffering from a sacro-iliac sprain on the right side of the back which retarded the healing processes to the knee. A part of his trouble came from the previous injury and not all of it from the last fall on the knee joint.

I adjusted the sacro-iliac, used diathermy daily, taped it with adhesive to encourage action and exercise with a view to reducing the excessive swelling and then had my trainer thoroughly massage and manipulate it twice daily to aid the movement of the joint and to increase the circulation.

The internal semilunar seems to be in good condition and in my opinion he should be able to get back into practice scrimmage in a very short while.

I would advise him to do pleasure skating for a while in that it may tone up and strengthen the capsular ligaments of the knee. I have given him a set of exercises designed to strengthen these ligaments further.