

April 23, 1946

Miss Pearl Mobley
Beallsville, Ohio

Dear Miss Mobley:

I acknowledge receipt of your inquiry asking about the effects of tobacco and alcohol.

In reply, I beg to state that no ambitious and intelligent athlete who aspires to top honors will think of using tobacco or alcohol during his growing and training period. The use of tobacco is positively harmful to the nervous system and the blood-vascular system. No athlete can become as fine an athlete by using tobacco as he can by abstaining from it. There is not one beneficial contribution accruing from the use of tobacco. Nicotine is one of the most deadly poisons and no far-sighted boy would use it.

As for the use of alcohol, I think it is hardly worth mentioning because scientists have shown for years the harmful and degrading effects of the drug. Certainly no coach would tolerate the use of alcohol by any of his boys if he wanted to develop winners and first-class citizens.

Sincerely,

Director of Physical Education,
Varsity Basketball Coach.

FCA:MF