

winter weather and makes a fine outdoor sport both for the intramural program or for required physical education. Warm-up clothing of some sort must be provided, but heavy clothing is not needed. The school athletic fields are usually available at this season as they are not in use for anything else.

The basketball floor is crowded at this time of the year. A sport like soccer which leaves the crowded gymnasium for the otherwise deserted football field fits in well. A soccer group was initiated at Warrensburg Missouri State Teacher's College during the winter of 1938-1939. It worked out very satisfactorily, especially as the winter was mild in this region. Speedball was alternated with soccer. The following severe winter was not so satisfactory for this activity.

6. Winter sports carnivals featuring participation in a variety of events have proved very popular in a few places. The carnival at Dartmouth is best known. The comparatively severe winter weather at Hanover has been made an asset. Such a carnival might well be made the crowning event of the season wherever there is an outdoor sports program which offers such activities as skating, skiing, sledding, and so on.

7. Winter camping is not suited to a competitive basis but may well be included where there is a point system for intramurals which recognizes participation. It is particularly good where a school owns or has access to a winter lodge. Under these conditions winter camping will be very popular with students on week-ends. Not only is this beneficial because of the recreational values of a change of scene and routine, but because considerable time will be spent in fresh air out of doors.

INDOOR WINTER SPORTS

An almost infinite number of indoor games are suitable to intramurals. The activities which follow are not an exhaustive list but some which prove popular and seem especially well suited. A well rounded program will include a number of activities, both team and individual. A common fault is to make the winter program practically all basketball. Selection of activities depends a good deal on their local popularity.

1. Badminton is a game similar in many respects to tennis but having the very great advantage indoors of not requiring a great deal of space. The court dimensions, 20' x 44', are such as to fit readily on the cross court of the ordinary basketball floor. The sport is well suited to competition between mixed groups and is a good sport for intramurals because it can be played with pleasure by those who have little skill and by those who are expert. The expense of equipment is a big initial hurdle in popularizing the sport. Gut rackets will last for years if well cared for. A wooden paddle similar to those used in table tennis can be substituted for the more expensive racket. The other item of expense, the birds, may be reduced by care in use, to avoid breaking feathers. Home made birds cut costs still more.

2. Basketball is the universal team sport for the winter program and by far the most popular winter sport throughout the country. The round robin schedule is recommended for basketball and the size of the leagues should be kept down to a playable number of games. For example a round robin of a 10 team league will require 45 games. A round robin of a 5 team league will require only 10 games, or 20 games for the same ten teams divided into two 5 team leagues. The difficulties are chiefly in securing playing space and the fact that the contestants