

In elementary schools the winners of each school might play in an elimination tournament with the winners of other schools of the city to determine a city championship.

This activity is adaptable to any point system that may be used by the individual schools.

TENNIS

Tennis is the most popular of the individual sports on the spring program for both young men and women and is recommended for students of junior and senior high schools, colleges, and universities.

The program should not be started too early in the spring because of inclement weather conditions. There should also be some allowance for a practice period from the time it is possible to get out-of-doors until the start of the tournament, to arouse interest and allow for individual improvement.

The double elimination tournament is recommended for singles and doubles play for both men and women. The mixed doubles are also popular. It is adaptable to any point system.

TRACK AND FIELD

Track and field events are popular as a boys' sport and are recommended for the upper elementary grades through colleges and universities. This activity is usually carried on as an inter-class activity but can be conducted in accordance with any system of classification.

The meet should be preceded by a training period for every boy who desires to participate in it. The meet is very useful to the track coach for discovering new talent; therefore, the recommended time of the meet is rather early in the spring.

As the intramural track and field meet is not held for members of varsity teams and the fact that most of the boys will not be in perfect physical condition, the distance of the running events should be cut down so the health of the competitors will not be endangered. The meet should also be carried on over a period of three days, not restricted to one day. Events a boy can enter should be limited possibly to four, no more than two of which may be running events, including the relay.

The activity is adaptable to any point system.