

are not in as good condition physically as are the varsity players. Both point toward the need for shortening playing time. Where a great number of games are to be run off, it is fairly satisfactory to "dove tail" games and play the first half of the game following between the halves of the first game. Where there is an independent system of organization, it will usually be found desirable to publish a star list. At Central Missouri State Teachers College with 30 teams participating, a star list of some 40 players is selected by agreement among the various team managers. Not more than two of these good players may then play on any one team. When teams are organized it is well to allow only three extra players which will generally assure sufficient substitutes and at the same time eliminate some bench warmers.

3. An adjunct of basketball that proves popular in many places is a "free throw" or "foul shooting" contest. This can usually be run off in conjunction with the basketball play and does not take a great deal of time. Fifty, seventy-five, or one hundred throws may be allowed each competitor.

4. Box Hockey is an inexpensive sport which is growing in popularity. It is a sort of "miniature shinny" for dual competition. Its great advantage indoors is that only a few square feet of space are required. Homemade sticks can be made of old broomsticks and rubber hose. With a homemade box 4' x 10' and an old base ball or golf ball, equipment is complete and very inexpensive. Elimination tournaments handle this activity satisfactorily.

5-6. Boxing and Wrestling are taken together since their management in tournaments is so much alike. Activities of this strenuous sort should have their tournaments at the close of the season. Participation is of very doubtful value unless it is preceded by a training period of not less than one month; preferably 6 weeks or more. Since the best intentioned competitors go home at times with black eyes or other injuries it is best to have parental permits for all boys who wish to compete. The regular classification by weight helps to equalize the contests and make them safe. If the boys will work at these sports they are some of the best available from the standpoint of development. They will command a real interest from the boys and even the fans. Clean mats are essential to avoid the spread of boils and other infections.

7. Gym Scooters were invented by Mr. Ralph Titus of Winfield, Kansas, as a new type of gymnasium equipment. Each scooter is eleven or twelve inches square and has a ball bearing castor on each corner. The scooter is about five inches high and will move freely in any direction. Mr. Titus has described many activities adapted to use of the scooters. They may be used for any age group starting with the kindergarten where they are a vehicle on which to ride, up to college men. Many novelty relays can be run by using one or two students to the scooter. Where two pupils work together, one rides and the other pushes. They change places on the return trip. One relay is run where two contestants sit back to back and attempt to progress across the gymnasium. Scooters are used by both sexes. They lend themselves to novelty stunts suitable for the intramural program.

8. Hand ball is an exceptionally good sport for intramurals. There is a fine carry over to after school years from this activity. Little equipment is required. The contest is not dangerous and it is a fine all around exercise. Every up to date school should be equipped with at least one or more hand ball courts depending upon the size of school population. An elimination tournament is most rapidly run off, but a double elimination tournament is recommended, if there is sufficient time. The contestants can get together and arrange their playing dates if the drawings are made early in the season and considerable time