

The sport of bicycling provides good out-of-door activity, requires little promotion because of its popularity, has outstanding carry-over value, aids in muscular development, and is suitable for students of the elementary grades on through college. It will prove very successful as an intramural activity.

FLY CASTING

Fly casting is a good outdoor sport that will appeal to high school and college students.

Mr. V. C. Dunder, supervisor of Physical Education for the public schools of Duluth, Minnesota, has had remarkable success with this activity in his program. Classes are conducted in the high school for the purpose of teaching the students how to cast, in addition to stream technique, and care of equipment. At the conclusion of the year, the classes take an over-night field trip together and climax the activity with a tournament. In the tournament national rules as set up by the National Association of Scientific Angling Clubs are used. The events include:

Bait Events

1. Accuracy -- Quarter ounce weight.
2. Accuracy -- Three-eighths ounce weight.
3. Accuracy -- One-half ounce weight.
4. Accuracy -- Five-eighths ounce weight.
5. Distance -- Quarter ounce weight.
6. Distance -- Three-eighths ounce weight.
7. Distance -- One-half ounce weight.
8. Distance -- Five-eighths ounce weight.

Fly Events

9. Accuracy Fly -- 5 3/4 ounce rod.
10. Dry Fly Accuracy -- 5 3/4 ounce rod, at unknown distances.
11. Distance Fly -- 5 3/4 ounce rod.
12. Salmon Fly.

Miscellaneous

Delicacy and Accuracy Fly
Surf Casting

GOLF

Golf ranks high among the activities in regard to its carry over value. The sport is best suited to high schools and college men and women and has a place among interscholastic and intercollegiate sports in many high schools and most colleges and universities.

Because of lack of facilities and the expense required to carry on a program of golf, many of the smaller high schools will probably be unable to include the sport in their intramural program; however, a number of high schools and most colleges and universities may do so. Many colleges and universities have golf courses of their own, so facilities are no problem to them. In many of the communities there are municipal or club owned golf courses and often times a satisfactory agreement may be made with the officials of these courses so that schools may take advantage of them. For example, the Central Missouri State Teachers College at Warrensburg, has no course of its own but pays a small fee to the golf