

STUDENT OBJECTIVES

1. To experience competition. The competitive way has been largely the American way. It has a natural appeal. It is desirable that it should be turned into proper channels and made useful. Nearly all people enjoy competition if a contest is fairly even. Important disciplining on the social and character side results from the pressure of competition. This is a laboratory for citizenship.

2. To have fun. Relaxation and recreation are as necessary in school life as to any other phases of it. If, as a result of the intramurals program, students can learn to play, the program has been of real service.

3. To learn cooperation and self-control. These qualities are more and more necessary in daily life. Some group games will be necessary so that the individual can learn to submerge himself within the group and to do those things that serve team interest. Rubbing elbows on the field and around the locker-rooms with teammates and competitors furnishes an opportunity for learning things worthwhile socially. Friendship and comradeship developed incidentally, as a result of people's meeting in competition and among one's own team are some of the most enduring which result from school association. These benefits are not all inherent in this program but depend largely on proper management.

4. To learn to use leisure time wisely. Modern sedentary living requires a balance of physically active recreation. Probably the best recreation that can be obtained is that sort which will require exercise and outdoor play. The skills resulting from school competition can be the basis of carry-over interest here. It is important that we emphasize living in school as well as getting ready for living later.

5. To acquire a knowledge of and liking for sports. We tend to like the sports in which we excel. Some skill is necessary to develop sufficient interest to insure carry-over. The future wise use of leisure time then, may be partially guaranteed by this program.

6. To develop bodily grace, strength, and stamina. Good posture is a social, psychological, and physical asset. Sufficient strength to meet the ordinary demands and occasional emergencies of daily living is essential. Graceful and efficient use of the body in all types of physical activity is a worthwhile thing in itself. All of these may be aided by practice of physical activity. The most interesting practice is in sports competition.