

or	
Run and catch	19 seconds
or	
50-yard dash	7 $\frac{3}{5}$ seconds
3. Basketball throw (distance)	45 feet
or	
12-inch indoor baseball throw (accuracy)	3 strikes out of 6 throws at 30 feet
4. Volleyball serve	3 in 6
or	
Tennis serve	3 in 5
or	
Basketball goal throw (12-foot line)	3 in 6
or	
12-inch indoor baseball throw and catch	2 errors allowed

Third test:

1. Balancing (book on head, 3 deep knee bends)	24 feet, 2 trials
2. Potato race	18 seconds
or	
Run and catch	17 seconds
or	
50-yard dash	7 $\frac{1}{5}$ seconds
3. Basketball throw (distance)	55 feet
or	
12-inch indoor baseball throw (accuracy)	3 strikes out of 5 throws at 36 feet
4. Volleyball serve	3 in 5
or	
Tennis serve	3 in 4
or	
Basketball goal throw (15-foot line)	3 in 5
or	
12-inch indoor baseball throw and catch	1 error allowed