

There has been much research work done on basketball players by coaches and men interested in physical education. For some time past accumulated evidence indicates that the giving of vitamin B compound, glycine and dextrose would aid in restoring cardiac reserve when it is lost through various types of disease. Experience has shown the wisdom of such practice. If this improvement can be brought about in exhausted hearts from disease, why would it not be possible to improve cardiac reserve in those who are under great physical and emotional strain? One capsule of betulin compound three times daily after meals is also indicated. A tablespoonful of dextrose sugar in a glass of lemonade ten minutes before game time and between halves will aid a fatigued athlete. And a tablespoonful of glycine three times daily will further reduce the cardiac strain of the competing player.

These findings of the biological chemists are improving the physical fitness and giving a more intelligent approach to this competitive game - that we know.

I desire to acquaint you with the fact that the present day basketball coach is not waiting for some fellow to come along and discover the weakness or the strength of the game, but they are definitely in step with the leaders in protecting the health and vitality of these young players.

Very cordially yours,

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Chairman, Research Committee,
National Basketball Committee.