

the offense. The many men in motion give the impression of a speed-  
ed-up game, but most of the men and most of the speed is the defense.  
The defense is all set for the offense.

11. Time and Energy are wasted bringing the ball up to scoring  
area.

To bring the ball up from the farthest end of the court to  
within scoring range requires at least several seconds. That time  
is really wasted but could be saved by a change in rules.\* Most  
certainly the energy is wasted. Great back-court activity is wasted  
energy. That energy used in useless running should be conserved so  
that it could be put to better use when the ball actually reaches the  
scoring area. The punch should be saved for front-court activity.

12. Playing is now so strenuous that speeding it up is inadvisable.

With its quick starts and stops and its continuous running and  
jumping basketball is a most strenuous game. It has no rival in the  
demands it makes upon a whole team all the time. Monk Meyer, Don  
Elser, and Red Hagan, according to Richards Vidmer, think basketball  
is tougher, physically and mentally, than football and requires better  
condition. More speed is inadvisable.

13. Basketball should not be made into a shuttle race.

Racing back and forth from one end of the court to the other at  
break neck speed is not necessarily good basketball. The westerners  
call head-long playing "fire-department" basketball.

14. Out-of-bounds is not as fair or just as the center jump.

No fairer, more just, way of putting the ball in play than the  
center jump has as yet been devised. A big center-man may "get the  
jump" but after that he may be in his own way and also that of his  
team-mates. Then, too, speed, guile, smartness, etc. can still be

\*See Suggested Remedy