

IV. Physical Education Programs.

The tables show many things regarding the physical education program of the institutions in the study. It is safe to assume that these programs are similar to those of other institutions not in the study. Nearly all of the institutions of higher education in the country require and give positive credit for physical education work. This study shows that there has been a great increase in physical education in the colleges since 1924. Also that there has been a greatly enlarged program of the work since 1924. There is much evidence that there has been a better planning of the work since then. One outstanding feature of the study has been the increase in intramural play in the colleges. Intramural is of great value to the students for recreation and exercise. Intramural play should give to the students who take part, some of the values of intercollegiate athletics without the long practice periods of the latter.

The number of activities of the physical education programs have been much enlarged. Golf, tennis, handball, swimming, speedball, soccer, volley ball, skating, winter sports and many others are now enjoyed by many college students on the college grounds.

The tables below show who are required to take physical education in the various institutions. There is a growing tendency to require freshmen and sophomores to take class work, and allow the junior and senior men to choose their physical education activities. The tables also indicate that in many institutions the freshmen and sophomores may choose somewhat as to their physical educational activities. The tables also indicate to some extent what they may choose or elect in the work. The tables show information as to training of teachers of physical education. Also some information regarding intramural play.