

sitions of the ball.

When a defense plays this system in the way just outlined, there is no spot on the floor that is open to attack. The defense is concentrated and is, at the same time, in a position to sweep down the floor in a hurricane attack. Such a defense will not exhaust itself. Every man will move a minimum distance and with the least possible exertion.

Generally, a team that plays this type of defense will crush the opposition in the second half, on account of having greater physical reserve. Many coaches rush in their second line of substitutes in order to keep up a deadly pace, but by doing this they sacrifice the most valuable thing in defense. They lose the finely co-ordinated and well developed balance of the first master five.