

January 7, 1944.

Prof. H. S. Stillwell,
Aeronautical Engineering Department,
University of Kansas.

Dear Professor Stillwell:

In accordance with your desires I am giving you the names and salaries, and teaching loads, of our instructors giving physical training to the V-5 students.

April, 1943:

	<u>Civ. Tch. Load</u>	<u>V-5 Tch. Load</u>	<u>Salary</u>
R. R. Strait	16 hrs. wk.	9 hrs. wk.	\$266.66 mo.

May, 1943:

R. R. Strait	16 " "	9 " "	"
Henry Shenk	15 " "	9 " "	\$288.88 mo.

June, 1943:

R. R. Strait	5 " "	18 " "	\$266.66
--------------	-------	--------	----------

July, August, September, October, November, December, 1943 -
same as for June, 1943.

Sincerely yours,

*18
23 8 266.66*

FCA:AH

Director of Physical Education,
Varsity Basketball Coach.

DO YOU KNOW?

1. That you can enroll in physical activity classes for credit?

“Physical activity courses are designed primarily to secure health, recreation and physical skills. Students in the College of Liberal Arts and Sciences are permitted to present four semester hours of credit in physical education for graduation.”—*Univ. catalogue.*

CONSULT THE COLLEGE SCHEDULE



2. That both men and women students desiring to specialize in Physical Education may enroll in the New Four Year Curriculum in Physical Education?

Register in the School of Education and enroll at the Physical Education table during regular enrollment.

CONSULT THE SCHOOL OF EDUCATION SCHEDULE

3. That a golf course, tennis courts, handball courts, swimming pool, gymnasium and other recreation facilities are available to students?

For information—men call at 105 Robinson gym; women, 106 Robinson gym.

4. That it is possible for you to participate in your favorite sport thru the opportunities offered all students in the Intramural Sports Program?

Register for Intramural Sports—men, room 107 Robinson gym; women, 108 Robinson gym.

Spring Semester

Mr. Straich

Apr
May
June

32 M — 3

34 M — 2

5 hrs. 8:30

Civ. P.T. 3 " 10:30

Rem. + P. Eq. 2 " 2:30

Civ. P.T. 3 " 3:30

" " 3 " 4:30

16 hrs. wk.

~~16~~

Aeronautics

V-5 7-8:30 (6 days wk) 9 hrs.

Salary (\$266.66 mo.)

June 1, 1944.

Lieut. Claude M. Smith,
V-5 Physical Training Officer,
1116 Indiana Street,
Lawrence, Kansas.

Dear Lieutenant Smith:

We are happy to provide the following facilities for the V-5 Physical Training classes for the month of June:

Room 101 Robinson Gymnasium, Monday through Saturday, 10:30 to 12, and 5 to 6:30

Swimming Pool, Tuesday, Thursday and Saturday, 10:30 to 12, and 5 to 6:30

Obstacle Course

Softball practice field, after 6 p.m. any day except Friday.

Very sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH

April 25, 1944.

Lieut. Claude M. Smith,
V-5 Physical Training Officer,
1116 Indiana Street,
Lawrence, Kansas.

Dear Lieutenant Smith:

We are happy to provide the following facilities for the
V-5 Physical Training classes for the period of April 17 to
May 15:

Room 101 Robinson Gymnasium, Monday through Saturday,
10:30 to 12, and 5 to 6:30

Swimming Pool, Tuesday, Thursday and Saturday,
10:30 to 12, and 5 to 6:30

Obstacle Course.

96^v 40 -
Very sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

March 27, 1944.

*same
April 17 - May 15*

Lieut. Claude M. Smith,
Physical Training Officer,
1116 Indiana Street,
Lawrence, Kansas.

Dear Lieutenant Smith:

I note the facilities desired for the V-5 Physical Training program for the period of March 27 to April 17, as follows:

Room 101 Robinson Gymnasium, Monday through Saturday - 10:30 to 12:00, and 5 to 6:00.

Swimming Pool, Tuesday, Thursday, Saturday - 10:30 to 12:00, and 5 to 6:00.

Obstacle course.

We are happy to cooperate in providing the space necessary for your classes.

Sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH

Address reply to;
Resident Naval Officer,
not to signer of this
letter.

Refer to No.

UNITED STATES NAVY CAA-WTS SCHOOL
UNIVERSITY OF KANSAS
1116 Indiana
Lawrence, Kansas

23 March 1944

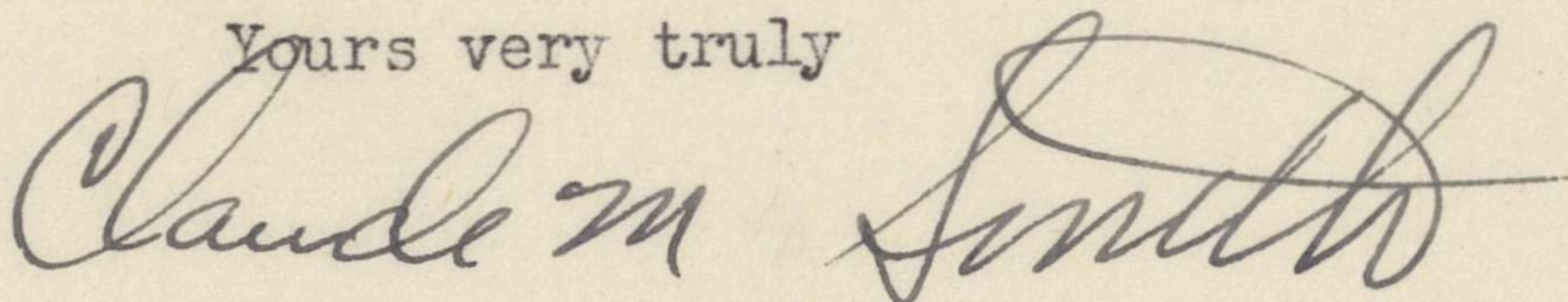
Director of Physical Education,
University of Kansas,
Lawrence, Kansas.

Dear Sir:

Listed below is the necessary facilities that we must have for the
V-5 Physical Training Program for the period beginning March 27 and
ending April 17, 1944.

- (a) Room 101 - Robinson Gymnasium
Monday through Saturday.
10:30 to 12:00
5:00 to 6:00
- (b) Swimming Pool
Tuesday, Thursday & Saturday.
10:30 to 12:00
5:00 to 6:00
- (c) Obstacle Course
~~Monday through Saturday~~

Yours very truly



CLAUDE M. SMITH
Physical Training Officer

C.A.A. - W.T.S.
COST OF ATHLETIC PROGRAM

for

October, November, December
1943

Instructor (18 hours per week)	\$799.98
Towel room attendant	108.00
Antiseptic foot powder	12.00
Liquid soap	18.00
Depreciation on classroom equipment	

Towel fee - \$2.25 per man

C.A.A. - W.T.S.

COST OF ATHLETIC PROGRAM

for

July, August, September
1943

Instructor (18 hours per week)	\$799.98
Equipment: Basketballs, soccer balls, volley balls, volley ball nets, footballs, cage balls, water polo ball	260.00
Gym Mats	63.00
Stop watches, whistles, horns	25.00
Step-test equipment (labor and materials)	10.00
Speed agility course (labor and materials)	35.00
Obstacle course (1/4 of cost)	245.00
Towel Room attendant	108.00
Antiseptic foot powder	12.00
Liquid soap	18.00

266.66

36.

Total for 3 months

\$1575.98

Towel fee - \$2.25 per man

Floor space used - Class (gym) room 90' x 50'

Dressing room 20' x 40'

TO

Naval Aviation Units
University of Kansas
Lawrence, Kansas

4	Softball Bats @ 50¢ each	\$2.00
4	Softballs @ \$1.35 each	5.40
		<hr/>
	TOTAL	\$7.40

PLEASE DETACH BEFORE PRESENTING FOR PAYMENT

NAME OF ORGANIZATION C. A. A.

DATE	DESCRIPTION	AMOUNT
	40 towel tickets for 43 H navy cadets,	\$90.00

April 19, 1943.

Mr. Kenneth Razak,
C. A. A. Coordinator,
University of Kansas.

Dear Mr. Razak:

In accordance with your suggestion, I am enclosing herewith a statement for towel tickets to be used by the Naval Aviation Cadets who are taking physical conditioning drills each morning in our department.

A similar statement will be sent you for each new group reporting for exercise.

We have found it necessary to hire additional help for this early morning class in the equipment room. The attendant works from 7 to 8:30 each morning, six days a week, at the rate of 50¢ an hour. A statement of this expense will be sent to you whenever you deem it advisable.

Sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

Enc.

April 19, 1943.

C. A. A. Naval Aviation Cadets
University of Kansas

40 Towel Tickets @ \$2.25 each \$90.00

\$1.00 deposit on each ticket (to be refunded
at end of term if no towels are lost) . . . 40.00

Total -----
\$130.00

PLEASE DETACH BEFORE PRESENTING FOR PAYMENT

NAME OF ORGANIZATION C. A. A.

DATE	DESCRIPTION	AMOUNT
	40 towel tickets @ \$2.25, (43-J Elem),	\$90.00

June 15, 1943.

Mr. Kenneth Razak,
C. A.A. Coordinator,
University of Kansas.

Dear Mr. Razak:

I am enclosing herewith a statement for towel tickets to be used by the new group of Naval Aviation Cadets who reported yesterday for physical conditioning in our department.

Sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

Enc.

June 15, 1943.

C.A.A. Naval Aviation Cadets,
University of Kansas.

40 Towel Tickets @ \$2.25 each \$90.00

PLEASE DETACH BEFORE PRESENTING FOR PAYMENT

NAME OF ORGANIZATION C. A. A.

DATE	DESCRIPTION	AMOUNT
	Towel tickets for 40 C. A. A. WTS cadets,	\$90.00

May 15, 1943.

Mr. Kenneth Razak,
C.A.A. Coordinator,
University of Kansas.

Dear Mr. Razak:

I am enclosing herewith a statement for towel tickets to be used by the new group of Naval Aviation Cadets who are this week reporting for physical conditioning in our department.

Sincerely yours,

Enc.

Director of Physical Education,
Varsity Basketball Coach.

May 15, 1943

G.A.A. Naval Aviation Cadets,
University of Kansas.

40 Towel Tickets @ \$2.25 each \$90.00

April 19, 1943.

Mr. Raymond Nichols,
Chancellor's Office.

Dear Ray:

Please find enclosed a copy of a letter which I received from Lt. J. H. Gardner, Athletic Director for this area of the Naval Aviation Cadet students, and a copy of my reply to him.

Forty students arrived Friday morning, and this week forty more are expected, until the number reaches the required quota.

We are planning to use a large football equipment basket that is used by the football men at the stadium. The Navy service has equipped the cadets with sweat shirts, sweat pants, gym shirts, gym pants, and shoes. This small basket that we use in the gymnasium here is entirely too small to handle the Navy equipment.

This is merely a progress report.

Very sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH
Enc.

April 19, 1943.

Lieut. J. H. Gardner,
Athletic Director,
Naval Aviation Cadet Selection Board,
1210 Bryant Building,
11th and Grand Ave.,
Kansas City, Mo.

Dear Lieutenant Gardner:

Answering your favor of the 16th instant, beg to state that the Naval Aviation Cadets reported for duty on Friday morning, April 16. We immediately instructed Mr. Reginald Strait, who is one of our outstanding faculty members in the School of Education, Department of Physical Education, to take over.

Last Friday morning Mr. Strait met the Cadets at 7 o'clock for an hour and a half of physical conditioning drill.

We are making arrangements so that the equipment of the entire Naval Aviation Cadet personnel will be handled in a separate room. We are installing extra large baskets for their rather bulky equipment -- much more than our students use.

I am very sure that the way we are handling this situation will appeal to you. We are not using student help in the future.

Thanking you for your letter, I am

Very cordially yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH

Address reply to:
officer-in-Charge, not
to signer of this letter.

Refer to No.
QR5/P10-1/JHG:mlw

NAVAL AVIATION CADET SELECTION BOARD

1210 BRYANT BUILDING
11TH AND GRAND AVENUE
KANSAS CITY, MISSOURI

April 16, 1943.

Doctor F. C. Allen,
Director of Physical Education,
Kansas University,
Lawrence, Kansas.

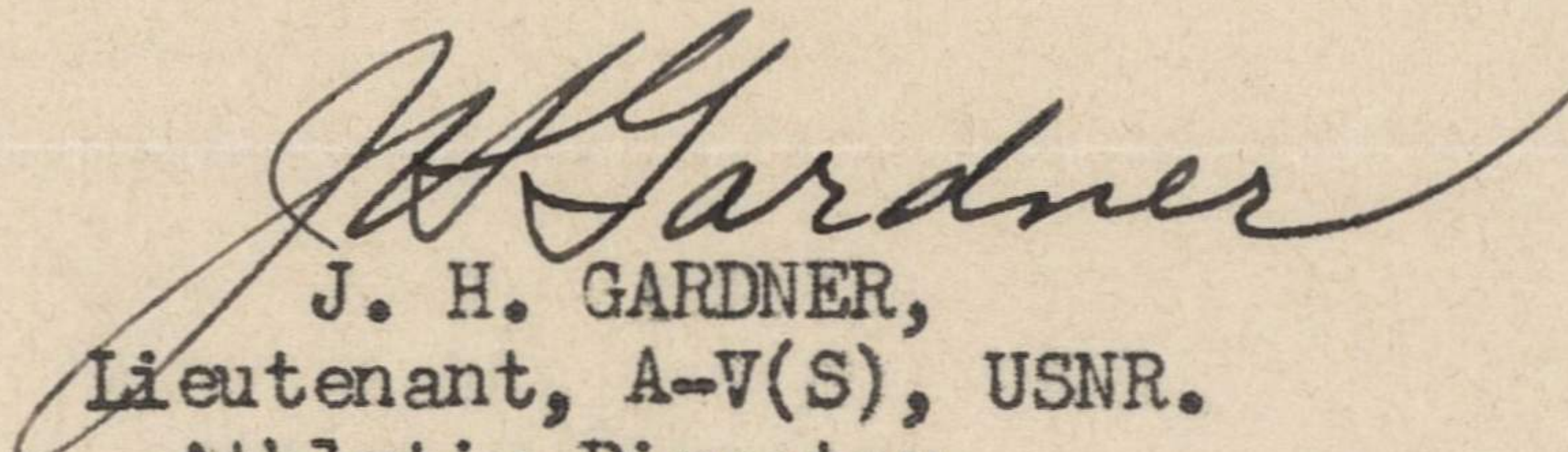
Dear Doctor Allen:

As a result of my recent inspection trip to the University of Kansas, I would like to make the following recommendation regarding the Naval Aviation Cadet physical fitness program.

It is highly desirable that a regular member of your physical education department conduct the physical fitness classes as prescribed by the Navy. It is hoped that immediate steps will be taken to provide a qualified man for this assignment. It is felt that student help, as has been used in the past, is not capable or experienced enough to properly handle the job.

Trusting that we may have your cooperation in the matter, I remain,

Very truly yours,


J. H. GARDNER,
Lieutenant, A-V(S), USNR.
Athletic Director.

GYM AND TUMBLING

1st period - Demonstration of stunts that they will be asked to master, and explanation of the system to be used. This system is as follows: On a separate sheet will be listed about 50 stunts (climbing, tumbling, vaulting, etc.,) and the instructor will rotate each group from one type to the other every ten minutes. As the cadet successfully completes a stunt it will be checked off against his name. The total number completed, plus the points earned in relays will decide a squadron champion in this sport.

Relay races - Heel and hand, sitting position.
Fireman's carry.

2nd period - Competition in stunts

Relays - Elephant walk
Wheel barrow race.

3rd period - Competition in stunts

Relay races

4th period - Competition in stunts

Relay races

5th period - Competition in stunts

Relay races.

**** It is suggested that each cadet be given a number and that he be checked off for stunts by number instead of name.

Be certain that cadets spot each other while doing these stunts

CONTENT SCHEDULE
Physical Fitness Program
CAA-WTS School, University of Kansas
Lawrence, Kansas
September 3, 1943

Activities

- 1-Swimming
- 2-Gym and Tumbling
- 3-Basketball
- 4-Touch Football
- 5-Soccer
- 6-Wrestling
- 7-Military Track

Regulations

- A-The morning class will meet from 1030 to 1200 for cadets having ground school in the morning. The afternoon class will meet from 1630 to 1900 (except during the time swimming is scheduled, when it will be 1700 to 1930) for cadets who have ground school in the afternoon.
- B-Classes will meet daily, except on Saturday, when the above mentioned periods will be used for military drill.
- C-Cadets may have 10 minutes at the start, and at the end, of each period for dressing and showers.
- D-The first ten minutes of each period will be used for calisthenics or mass exercise. The next thirty minutes will be used for instruction in the fundamental drills of each sport. The last thirty minutes will be used for squadron competition, set up as follows:
 - a-Each of the three barracks will have one platoon in the morning class, and the other in the afternoon class. The platoons in the morning division will be the "Helldivers, Wildcats, and Mustangs". Those in the afternoon class will be the "Buffalos, Skyrockets, and Kingfishers".
 - b-Weekly and monthly records of the competition will be kept and championships determined on the basis of percentage wins.
- E-Intermediate program
 - a-In addition to the above the intermediate group will meet for an hour's physical fitness instruction each day. Platoon 1 will meet from 0730 to 0830, and Platoon 2 will meet from 1330 to 1430.
- F-Evening recreational competition in softball, basketball, etc., will be held when the scheduling of ground school subclasses permits.

HIGH BAR

10 Chins
3 Skin the cats
2 Monkey Hangs
3 Belly grinds
Skin cat, belly
grind & skin cat
Monk. hang, skin cat
& monkey hang
8 chins to back of neck
One arm chin
Back hip circle
Single leg swing-up

PARALLEL BARS

10 dips
Grasshpr wk-5 dips
8 swinging dips
Shoulder balance
Back uprise
Front roll from sit
Back roll from sit
Single leg cut-off
Double leg cut-off
Front uprise to
straddle seat

SIDE HORSE

Squat vault
Kneel, jump to stand
Scissors on end
Wolf vault
Thief vault
Neck spring
Front seat to
straddle seat

LOW PARALLEL BARS

$\frac{1}{2}$ lever, 20 sec.
Shoulder bal - 10 sec
Hand bal - 5 secs
Squat bal. press to
shoulder bal

HORIZONTAL LADDER

Length-2 hand jump, fr.
Length-2 hand jump, bck.

TUMBLING

10 sec head bal
Forearm bal
Head bal. clap hands
Head bal. fromsqt bal
Snap up
Hand bal. 5 secs
25 push ups-50 sit ups
Squat bal-20 secs
V pos. 2 min
Skip fr. & bk over leg
40 squat jumps
Handspring
Push up, clap hands 25 t.
ROPE CLIMB - 8 secs