

OREAD TRAINING SCHOOL

A complete program of physical education built on a two-year cycle plan.

1. To include instruction in:

- a. Basketball
- b. Gymnastic marching
- c. Apparatus work
- d. Social dancing and tap dancing
- e. Soccer? Touch football or "Elball". *Why Touch F. B.*
- f. Softball
- g. Track and field events
- h. Tumbling
- i. Volleyball
- j. Badminton
- k. Boxing
- l. Wrestling
- m. Fencing
- n. Golf
- o. Handball
- p. Horseshoes
- q. Table tennis

2. Swimming class divided into three semesters:

- a. Elementary swimming
- b. Advanced swimming and diving
- c. Life saving *should*

3. A program of testing ^{should} be instituted that will enable the instructors to measure the improvement and learning of the students.