

RECOMMENDATIONS FOR A PHYSICAL EDUCATION AND ATHLETIC PROGRAM FOR
OREAD TRAINING SCHOOL

A. Physical Education:

- I. That every student at Oread Training School pay a health fee for which they will receive a complete medical examination and dispensary service from the K. U. Hospital.
- II. That the Physical Education Program comply with the curriculum which was recently published by the National Physical Education Association.
- III. That boys and girls be permitted to take some courses together as soon as we have more practice teachers, such courses as golf, fencing, tap dancing and badminton
- IV. That golf be added to the seasonal courses which have been given to the Physical Education class of Oread for the past five years. These courses include-marching tactics; tumbling; apparatus, volleyball; wrestling; basketball; handball; touch football; soccer football; soft ball; track and field; and tennis.
- V. That each student be required to take a written quiz on rules of various games, also a practical examination on fundamentals.
- VI. That the aquatic instruction, as heretofore, be given in sequence-
 1. Beginning Swimming
 2. Intermediate swimming and diving
 3. Advanced swimming and diving
 4. Life Saving
- VII. That the swimming period on Tuesdays and Thursdays at 1:30 be devoted to just one group of students and another class be organized to meet at 8:30 or 9:30 on Mondays and Wednesdays.