his athletic contests and conquests he has found by competition that he must possess not only a splendid body but a strong heart. His body is a machine and by contests with other boys he has learned that if his physical machine does not function far beyond the power of his opponent, he is defeated. It gives him great pain to lose and joy to win.

And because he is such a selfish creature he will develop a habit of saying no a thousand times to temptation before he can say yes once to victory, because to him victory is sweet indeed. So, today our great young American athletes conform to training rules, such as cutting out cigarettes, liquor, late dates and what have you and tradition is abroad in our land that the really great athlete trains and takes his training seriously.

Time was when the eligibility rules of a high school or a college were not as strict as they are today and boys were permitted to play on teams while failing in their subjects. The academicians and administrators have taken care of this situation in such splendid style that no boy now is permitted to play unless he is carrying a sizable academic load toward graduation.