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SCHOLASTIC COACH

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East 43rd Street
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A National Magazine for Coaches and Directors of High School Athletics

May 24, 1937

Mr. Forrest C. Allen
University of Kansas
Lawrence, Kansas

Dear Mr. Allen:

As part of the editorial program in Scholastic Coach, we attempt each year to give the school and college coach readers of this publication some practical suggestions and information concerning proper diet and training table foods for athletes. We believe this subject is being given more attention today than ever before and is an important factor in the proper conditioning of athletic squads. With this in mind will you take a few minutes to jot down on the reverse side of this sheet your suggestions and ideas on this subject with a typical day's training table menu. If you do not conduct a regular home training table you might outline the foods you specify while your teams are on trips.

I shall appreciate your cooperation in this matter and look forward to hearing from you.

Kindest personal regards and thanks.

Sincerely yours,

G. Herbert McCracken
B. H.

Publisher
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GHMcCracken:bh