

REAL LIVING

**A Health Workbook for Boys in Junior and Senior High Schools
(Two Volumes)**

By ROSS L. ALLEN, DR. P.H.

*Formerly Health Education Teacher, Washington High School,
Rochester, N. Y. Assistant Editor, The Journal of Health and Physical
Education*

In two volumes, *Real Living* presents the essential health information for boys in Junior and Senior High Schools. It is prepared expressly with the purpose of indicating activities for the development of health attitudes, knowledges and appreciations. It contains the latest developments in the fields of hygiene, physiological chemistry and nutrition which are of interest and value to young men of high school age.

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