

## *The Official Sports Library for Women*

# **INDIVIDUAL SPORTS**

*Archery—Golf—Riding—Tennis*

In a well rounded modern program of activities individual sports are essential. The material in this Guide is helpful to teachers in organizing and introducing archery, golf, riding and tennis. This volume contains informative and practical articles on technique, tournament regulations, safety measures and teaching methods written by authorities in their respective fields. Bulletin Board Charts for archery and tennis are included.

# **RECREATIONAL GAMES AND SPORTS**

The games and sports presented in this volume including full descriptions of Badminton, Paddle Tennis, Deck Tennis, Shuffleboard, Table Tennis and Horseshoe Pitching, are usable for recreational programs for groups of all ages, including the physically handicapped. Excellent material is included for noon-hour and co-recreational programs; also rules for Track and Field.

# **BASKETBALL**

This volume contains the REVISED OFFICIAL PLAYING RULES, rules interpretations, BULLETIN BOARD CHART, coaching articles, complete information on WOMEN'S NATIONAL OFFICIALS RATING COMMITTEE and lists of the working personnel of the NATIONAL SECTION ON WOMEN'S ATHLETICS. Both the Rules Book and BULLETIN CHART are detachable.

# **AQUATICS**

*Swimming—Diving—Watersports*

This Official Guide contains helpful articles on promotion of all types of watersports in the high schools, Athletic Clubs, recreation centers, Y. W. C. A.'s, and colleges. Rules and regulations for the NATIONAL TELEGRAPHIC SWIMMING MEET, safety standards, canoeing and other articles on many phases of the aquatic program are included.

**Paper Edition 25 cents . . . Cloth Edition 50 cents**