

Physical Education Play Activities

For Girls in Junior and Senior High Schools

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This book offers to the Junior and Senior High School teacher a complete program of activities. Heretofore, many individual volumes had to be consulted not only for the organization of the program but also for the description of the activities themselves. This new contribution is virtually a one volume library of source materials, methods of teaching, organization and administration, on play activities for girls. Much of the text is in outline form. The descriptions of the activities are clear and are accompanied by accurate and attractive illustrations.

THE CONTENTS

Organization and Administration

Self Testing Activities

Games

Coaching Hints and Technique for Game Skills

Swimming

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