



Play and Mental Health

Principles and Practice for Teachers

By JOHN EISELE DAVIS

Veteran's Administration Facility, Perry Point, Md.; Author of "Principles and Practice of Recreational Therapy for the Mentally Ill"

IN this important book, the author presents the subject of play as usable material for the organization of effective mental hygienic practices in school. A psychology of play is developed in line with the spirit and recent advances of psychiatric practices in child education. Play is a modifiable experience and offers great opportunity for project lessons vitally related to the child's most effective growth and wholesome development. The growth and development of wholesome mental expression is best attained through the integration of mental and bodily processes and this book points the way towards that goal.

THE CONTENTS

Play and Psychic Adjustment

Play and Adjustment to the Outside World

Play and Behaviour

Happy Socialization

8vo . . . Cloth \$2.50