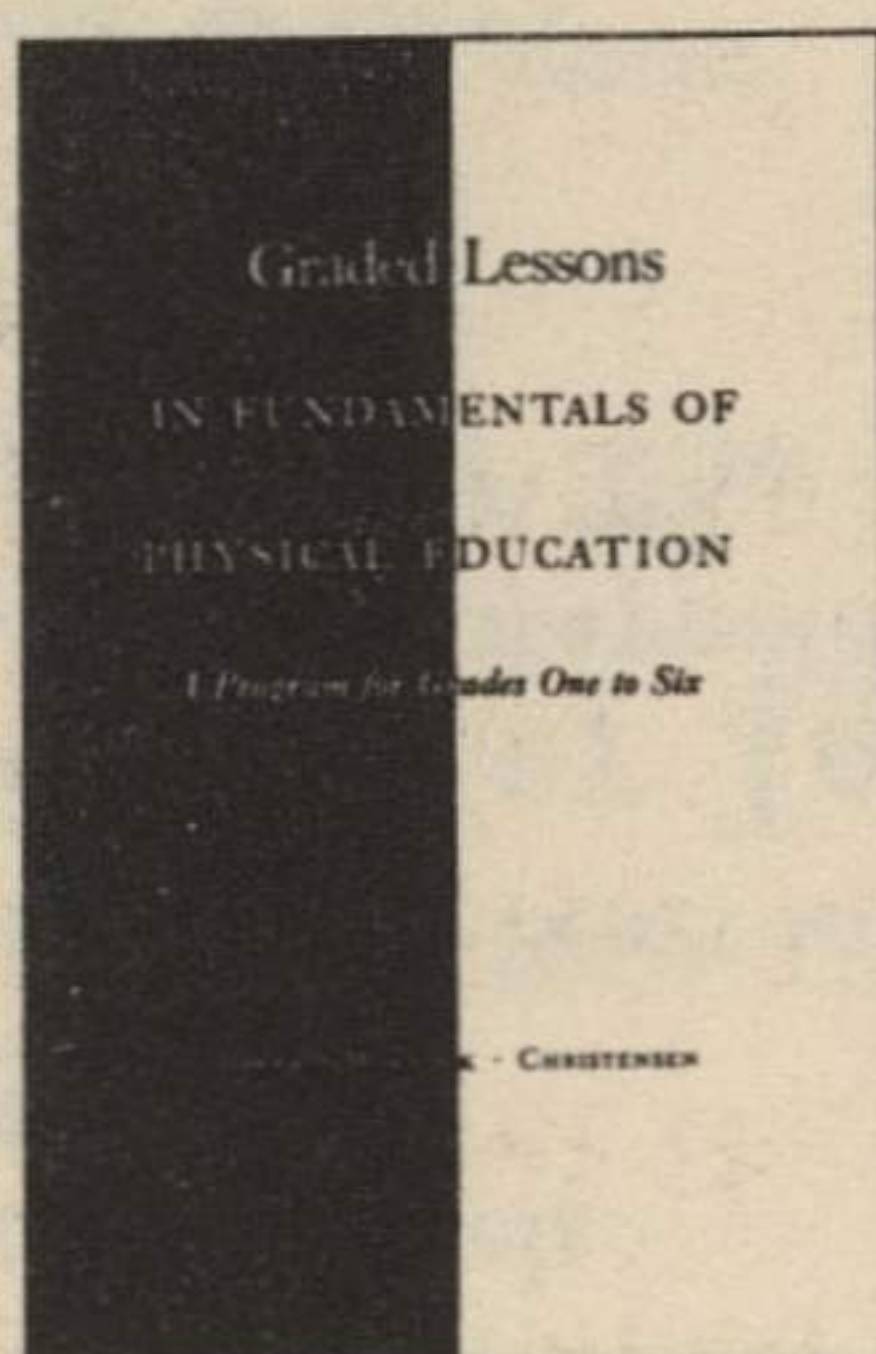


GRADED LESSONS IN
Fundamentals of Physical Education



A Program for Grades One to Six
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A SOUND physical education program must be based upon fundamentals and in this new and constructive contribution the authors have outlined a steady progression of fundamentals from grade to grade. The book offers to the teacher sound curriculum procedure so that careful planning may be made for all grades, each in relation to the other. The chief purpose of this book is to: (1) give a steady progression of fundamentals within a grade and from grade to grade, (2) stress pupil ability in objectives in terms of fundamentals and illustrate how activity content and outcomes carry out each objective, (3) integrate basic principles of health with the activity program. The authors in securing background and experience for this book did the actual teaching of this material in an elementary school for two years. Further, a tentative program was made out and this program was tested by twenty other elementary schools. The book, therefore, offers a program that has been tried and tested by actual use.

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