

BASKETBALL(continued)

- 8th period - 1-Demonstration to group of fundamentals of man for man defense. Space group and move them as a group, on command, "left" "right" "front" and "back". This movement should be a sliding one, with the hands well up to worry offensive player. Caution against crossing the feet, and declaring too soon.
- 2-Divide class into 4 groups as before.
- a-Offensive man with the ball, fake and dribble around defensive man.
- 3-Squadron competition.
- 9th period - 1-Review defensive drill above.
- 2-Review passing and shooting drills.
- 3-Three on two passing drill
- 4-Squadron competition
- 10th period- 1-Repeat lesson 9
- 2-Squadron competition.