

The 7th Army Service Command
42-152
(b)

REGIONAL TRAINING INSTITUTE
on
PHYSICAL-FITNESS PROGRAMS FOR HIGH SCHOOLS

To be held at
The University of Nebraska, Lincoln, November 19-21, 1942
under the auspices of
The U. S. Office of Education.

The U. S. Office of Education, in cooperation with the Army and Navy, is actively trying to help the high schools of the country plan and carry out a wartime program of physical fitness. A manual outlining a proposed program of physical education has been completed by a committee composed of representatives of the Army, Navy, U. S. Public Health Service, Division of Physical Fitness of the Office of Defense Health and Welfare Services, public schools, and the U. S. Office of Education. Another manual outlining a high-school program of health education, directed toward wartime health problems, is in preparation and will be ready early next year.

Plan To Introduce The Physical-Fitness Program To The Schools of America.

A plan has been developed for interpreting and introducing the physical education program to the high schools. This plan includes (1) a series of nine regional institutes, one of which will be held in each Army Service Command for a period of three days; and (2) a series of training institutes in each State.

States Covered By The Seventh Army Service Command.

Colorado	Kansas	Missouri	North Dakota	Wyoming
Iowa	Minnesota	Nebraska	South Dakota	

Purpose of Regional Institutes.

The purpose of the regional training institutes is to train a group of persons to serve as organizers and faculty members for the training institutes within their home States. After these persons complete the program of training at the 3-day regional training institutes they should return to their States and promptly conduct a series of training institutes for the men and women high-school teachers of physical education and the school administrators from the local areas adjacent to the State training centers.

Who Should Attend the Institute.

Members of state departments of education, faculty members of state teachers colleges, universities, and city school systems, including administrators, physical educators, recreational directors and health educators, should attend the institute; also key persons interested in the promotion of physical fitness of high-school boys and girls, such as heads of physical-fitness committees of State Councils of Defense, American Legion, Y.W.C.A.'s, Y.M.C.A.'s, and youth organizations, are urged to attend the Institute.

Faculty of the Institute.

The faculty for the Regional Training Institutes will be made up of persons from the Office of Education, the Army, the Navy, the American Association of Health, Physical Education, and Recreation, and the Physical-Fitness Division of the Office of Defense Health and Welfare Services.

Endorsement Of The Army And Navy.

The program that is being introduced at the Regional Institutes has the unqualified endorsement and cooperative backing of the Army, the Navy, the U.S. Public Health Service, the Division of Physical Fitness of the Office of Defense Health and Welfare Services, and the U. S. Office of Education. It has been agreed that the Army and Navy will back this program and will not promote any separate programs.

Program For The Institute.

The detailed program of the institute is attached. Please read it carefully and if you plan to come make every effort to arrive in time for registration and assembly Thursday morning and also plan to stay through the last meeting on Saturday afternoon.

INFORMATION FOR THOSE WHO PLAN TO ATTEND THE INSTITUTE

No Fees To Be Charged.

There will be no expense involved in attending the institute other than the delegate's own travel and living expenses.

No Federal Funds Available.

There are no Federal funds available to help pay the expense of persons who attend the Regional Institutes.

Hotel Accommodations in Lincoln.

Capital Hotel, 149 North Eleventh Street

Rates: Single with bath, \$2.75-\$3.50; double with bath, \$4.00-\$5.50