

PROGRAM FOR REGIONAL INSTITUTE 42-152
ON THE PHYSICAL FITNESS PROGRAM IN THE HIGH SCHOOL (a)

Held under the auspices of the U. S. Office of Education

at

The University of Nebraska, Lincoln

November 19-21, 1942

THURSDAY, NOVEMBER 19

Morning - Ball Room, Student Union, 14th and R Streets

8:30-9:00 a.m. - Registration. (Check room on main floor will take care of gymnastic costumes until they are needed in the afternoon)

9:00-12:00 - General Assembly

9:00-10:30 - Physical Education

Physical Education Needs of the Army. Capt. Callen Tjader,
U. S. Army

Physical Education Needs of the Navy. Lt. Comdr. Charles Forsythe,
U. S. Navy

What the Schools Can Do. Mr. Jackson R. Sharman

U. S. Office of Education

The Manual on Physical Fitness Through Physical Education.

Mr. Strong Hinman, Assistant
Supt. of Schools, Topeka

Physical Fitness of Girls and Women. Miss Mabel Lee, Director of
Physical Education for Women,
University of Nebraska

10:30-12:00 - Health Education

The Relation of Health Education to Fitness in a Wartime Program.

The Manual on Physical Fitness Through Health Education.

Miss Ruth Grout,

U.S. Office of Education

Noon Recess

12:15-1:45 - Luncheon Hour. (Delegates are welcome to eat at the Student Union. Dining-room, cafeteria, and grill open at noon; cafeteria and grill open evenings.)

Afternoon - Working Conferences

2:00-4:00 - Gymnastics and Aquatics for Men - Coliseum, 13th and Vine Streets
(Basket and towel service will be provided free on application to the towel cage in the locker room)

2:00-3:00 - Gymnastics. Capt. Callen Tjader, U. S. Army

3:00-4:00 - Aquatics. Lt. John Miller, U. S. Navy

2:00-4:00 - Rhythmics and Gymnastics for Women - Grant Memorial Hall, 12th and S
(Towel and locker service will be furnished free of charge upon application to the matron in the west locker room.)

2:00-3:00 - Rhythmics - Miss Aileen Lockhart, Assistant Professor of
Physical Education, University of Nebraska

3:00-4:00 - Gymnastics - Miss Miriam Wagner, Director of Physical Education
for Women, University of Kansas City

2:00-4:00 - Health Education-Student Union, Parlor X - Miss Ruth Grout,
U.S. Office of Education

4:30-5:30 - Small Discussion Groups

(The faculty members of the Institute will serve as leaders of these groups. Each delegate will be assigned to a group, and he will work in that group throughout the institute.)

Groups on Boys' Program - N Room, Coliseum

Groups on Girls' Program - Dance Studio, Grant Memorial Hall

Group on Health Education - Parlor X, Student Union

Dinner Hour - Monthly Dinner Meeting of the Lincoln Physical Education Association

6:15-7:30 - Parlors ABC, Student Union

Presiding, The President, Mr. Earl Johnson, Supervisor of Physical Education,
Public Schools, Lincoln

(All delegates are cordially invited to attend this meeting. No program.

Just an informal get-together. 75 cents per person. If you plan to attend