

65. BASKETBALL

1. a. Describe the theory of the successful offense.
b. Describe the theory of the successful defense.
2. Elaborate upon the admonition concerning angles and curves.
3. Describe (a) a legal starting of a dribble; (b) a legal dribble; (c) a double dribble.
4. What is the real function of a dribble?
5. Describe the function of the fast break and the set plays. Which are preferable or superior in winning your games? Diagram the court procedure of each.
6. Describe the proper posture of a first class fighting man both on offense and defense in basketball.
7. Elaborate upon the coach's responsibilities and duties from the time when he takes over, in talking to the candidates for the team until after he plays his first championship game. (P.S. The talk to the team is in next question.)
8. Give a pre-game and a between-halves talk to the team, using both an analytical and an inspirational talk to the boys.
9. State your version as to what you really think regarding the responsibilities of the players in adhering to a strict training program. How important is this item? Do you think players can win championships by allowing a modified training program by permitting players to smoke occasionally as they desire?
10. Why is it so many basketball players get "flu" in the winter? What would you do to prevent it - first, if you had no money to buy vitamins, secondly, what vitamins would you buy if you had sufficient money? What are vitamins? Describe them to the best of your ability and elaborate upon their functions.

Basket Ball.

- I
A. Describe the theory of the successful offense.
B. Describe the theory of the successful defense.
- II Elaborate upon the admonition concerning angles and curves.
- III Describe, (A) legal starting of a dribble (B) a legal dribble (C) a double dribble.
- IV. What is the real function of a dribble?
- V. Describe the ~~difference~~ break and the set plays. Which are preferable or superior in winning your games. Diagram the court procedure of each.
- VI Describe the proper posture of a first class fighting man both on offense and defense in basket ball.
- VII. Elaborate upon the coaches responsibilities and duties from the time where he takes over in talking to the candidates for the team until after he plays his first championship game.
P.S. The talk to the team is in next question.

VIII Give a pre game and a between halves talk to the team using both an analytical and an inspirational talk to the boys -

IX State your version as to what you really think regarding the responsibilities of the players ^{in adhering to a strict} training program. How important is this item? Do you think players can win championships by allowing a modified training program by permitting players to smoke occasionally as they desire?

X Why is it so many basket ball players get flu in the winter? What would you do to prevent it - first if you had no money to buy vitamins, secondly what vitamins would you buy if you had sufficient money. What are vitamins? Describe them to the best of your ability and elaborate upon their functions -

THEORY AND PRACTICE OF ATHLETIC TRAINING

1. In your own words describe the prime requisites of a capable trainer. State also his duties and his proper relationship to the coach, the players of varsity teams and to the team or hospital physician.
2. Describe a sprain and how you would treat it from the time of the accident until you are able to put the player into the game again. Hydrotherapy, diathermy, massage, manipulation exercise and taping are to be covered in your dissertation.
3. Describe fully the predisposing and the exciting causes to a sprain and relate their contributing relationships and how they affect complete recovery of a sprain if one of them is absent.
4. Describe briefly the cranial, spinal and the autonomic nerves and state their functions.
5. What factors are concerned in the return circulation of the blood to the heart?
6. Describe the purpose of taping and also describe the necessary precautions and processes in preparing the field before and during the taping procedure of a sprained joint.
7. What is a sacro-iliac sprain? Describe manipulation for an anterior lesion. For a posterior lesion.
8. How would you elevate a depressed twelfth rib?
9. Describe health habits in correcting an obstinate case of constipation.
10. In case of a badly sprained ankle what attitude should the trainer take to insure the greatest possible protection to both the athlete and to the trainer?

I. In your own words describe the prime requisites of a capable trainer. State also his duties and his ^{proper} relationship to the coach, the players of Varsity teams and to the team or hospital physician.

II. Describe a sprain and how you would treat it from the time of the accident until you are able to put the player into the game again. Hydrotherapy, diathermy, massage, manipulation, ^{exercise} and taping all to be covered in your dissertation.

III. Describe fully the predisposing and the exciting causes to a sprain and relate their contributing relationships and how they affect complete recovery of a sprain if one of them is absent.

IV. Describe briefly the Cranial, spinal and the autonomic nerves and state their functions.

V. What factors are concerned in the return circulation of the blood to the heart?

VI. Describe the purpose of taping and also describe the necessary precautions and processes in preparing the field before and during the taping procedure of a sprained joint.

VII What is a sacro-iliac sprain? Describe manipulation for an anterior lesion. For a posterior lesion.

VIII. How would you elevate a depressed twelfth rib?

IX. Describe health habits in correcting an obstinate case of constipation.

X In case of a badly sprained ankle what attitude should the trainer take to insure the greatest possible protection to both the athlete and to the trainer?