

QUESTIONNAIRE

Most of the questions, asked below, may be answered by a check (✓) mark.

PHYSICAL EDUCATION AND RECREATION (PHYSICAL)

1. Will physical education be required at your institution? YES () NO ().

a. If so, for how many years? 1 yr. (), 2 yrs. (), 3 yrs. (), 4 yrs. ().

b. How many days per week? 1 day () 2 days () 3 days () 4 days () 5 days ()

c. Length of periods (minutes) - 30 min. () 40 min. () 45 min. () 50 min. ()
60 min. ().

d. Will credit in physical education be offered toward graduation? YES ()
NO ()

2. Check the general types of activities that will be offered.

a. Activities that will develop physical and organic strength.
(Agility, coordination, speed, balance, and endurance. YES () NO ()

b. Aquatic activities (Swimming, life saving, and water safety. YES () NO ()

c. Skills activities:

1. Varsity athletics YES () NO ()

2. Intramural athletics YES () NO ()

3. Recreational activities YES () NO ()

d. Orthopedic (Corrective) activities YES () NO ()

3. Check the specific activities that probably shall be offered. (Activities are listed in alphabetical order.)

Archery	()	Judo	()
Badminton	()	Lacrosse	()
Baseball	()	Life Saving	()
Basketball	()	Obstacle Course Run	()
Boxing	()	Corrective Gymnastics	()
Camping	()	Polo (Equestrian)	()
Crew	()	Riding	()
Diving	()	Rugby	()
Fencing	()	Skiing	()
Football	()	Soccer	()
General Conditioning	()	Softball	()
(Sports Conditioning)	()	Squash racquets	()
Golf	()	Squash tennis	()
Gymnastics	()	Swimming	()
Apparatus	()	Tennis	()
Tumbling	()	(Paddle Tennis)	()
Pyramids	()	Touch Football	()
Handball	()	Track	()
(Paddle Handball)	()	Water Polo	()
Hiking	()	Wrestling	()
Hockey	()		

4. Will various requirements or standards have to be met in any of the following activities?

- a. Physical Fitness ()
- b. Swimming ()
- c. Life Saving ()
- d. Water Safety ()
- e. Orthopedic ()
- f. Participation in varsity athletics ()
- g. Participation in intramural activities ()
- h. Participation in recreational activities ()

5. Check the types of tests that will be given (Give standards where possible.)

a. General Motor Fitness:

- | | | | |
|------------------------------|-----|----------------------------|-----|
| Chins | () | Squat Jump | () |
| Dips (Parallel bars) | () | Straddle Angle Chin | () |
| Push ups | () | One Mile Run | () |
| Rope Climb | () | 880 yard Run | () |
| Sit ups | () | 440 yard Run | () |
| Fence Vault | () | 100 yard Dash | () |
| Vertical Jump (Sargent Jump) | () | 60 yard Dash | () |
| Standing Broad Jump | () | Harvard Step Test (Brouha) | () |
| Squat Thrusts (Burpee) | () | Schneider Test | () |
| _____ | () | _____ | () |
| _____ | () | _____ | () |
| _____ | () | _____ | () |

b. Strength Tests (Dynamometer Measurements)

- Grip (Manuometer - Hand Dynamometer) ()
- Leg Lift - (Dynamometer) ()
- Back Lift - (Dynamometer) ()
- Pectoral Strength - (Dynamometer) ()
- Shoulder Retractor Strength - (Dynamometer) ()
- Lung Capacity - (Wet Spirometer) ()

c. Aquatic Tests.

- Swimming tests ()
- Life Saving tests ()
- Water Safety tests ()

d. Skills Tests

Skill tests in different sports. ()

6. Is there a swimming pool in your institution? YES () NO ()

a. If so:

- 1. How many are there? - (number) ()
- 2. What are the dimensions?
 - width - () ft.
 - length - () ft.

THE COLLEGE PHYSICAL EDUCATION ASSOCIATION

TO: Presidents, Examiners, Registrars of American Colleges and Universities

SUBJECT: Credit for Military Training in Physical Education and Hygiene

Your attention is called to the desirability of considering carefully the relationship between a veteran's military experience and his educational qualifications in physical education. Experience with many returning men is indicating that in a large number of cases, perhaps the majority, there is no substantial reason to believe that either the hygiene learned in the service or the physical training given therein is the equivalent of, or should be substituted for, a modern college program of sports, recreation, and health instruction.

The need for such experience *after* military service remains continuous and real. It is recommended, therefore, by the College Physical Education Association:

1) That the experience in physical education and hygiene while in military service be examined in individual cases and equivalence be found before any blanket credit is given. If equivalence in content and type of physical education and hygiene cannot be established, no credit should be given.

2) That all men who have been injured in the service be interviewed carefully to determine (a) if an individualized program of recreational therapy will be helpful to them, (b) if either the normal or special program of physical education should be deferred for the time being, or (c) if physical education should be removed permanently from the schedule. Appropriate action should be taken only *in relation to individual needs* and not on a blanket basis.

Although the American Council on Education in its *Three Point Approach to Credit and Placement* (February, 1943) recommends that "institutions . . . may well consider granting direct credit . . . for military training" for physical training and hygiene the College Physical Education Association believes the foregoing recommendations will meet the situation more adequately.

It is believed that any extension of either blanket deferment or blanket credit for physical education or hygiene given for military experience may thoughtlessly deny the veteran the value of precisely the sort of recreational experience or rehabilitation he needs. Military physical training was not geared to civilian recreational needs and, moreover, such military experience is a thing of the past whereas the need for participation in physical education is constantly a matter of the moment.

In short, college examiners or registrars should, in full conjunction with responsible persons in physical education, deal with veterans individually. A program for the student can be arrived at after a consideration of his status and his needs. Blanket credit ought not be given on the false assumption that military physical training is equivalent to college physical education or that once "physically fit" for Army life the state of fitness or the skills by which it is attained remain.

For the Executive Committee of the
College Physical Education Association
DELBERT OBERTEUFFER, *President*
The Ohio State University, Columbus, Ohio

February 26, 1945

Conway, Arkansas
February 23, 1945

ARKANSAS STATE TEACHERS COLLEGE

Dear Sirs:

The attached sheet gives in a tabulated form some information I collected in January of this year. It concerns the number of years of physical education, which the various colleges and universities listed, required for graduation. Indicated also are those colleges which offer a major in the field and those which plan to offer such a major after the war. The colleges and universities were selected without regard to location or size. They were simply chosen at random from a list since it was impossible to include all institutions.

On the questionnaire sent, the following was asked:

1. How many years of physical education do you now require of civilian men? of women?
2. How many years do you plan to require after the war of men? of women?
3. Do you now offer such a major in physical education? Do you plan to offer such a major after the war?

I hope you find the materials interesting and helpful in planning your offerings. I sincerely appreciate the trouble you took in supplying the information. Forty-five colleges were contacted and forty-one returned answers.

Very truly yours,

Jeff Farris
Director of Physical Education

JF:jm

Encl.

School	<i>Men</i>			<i>Women</i>			Undergraduate Major	
	No. yrs. now	I.E. req'd. after war	-men	No. yrs. now	I.E. req'd. after war	-women	now	after war
Alma College	2	?	.	2	?	.	No	No
Baker University	2	2	.	2	2	.	Yes	Yes
Bridgewater College	2	3	.	2	3	.	No	Yes
Baylor University	4	2	.	2	2	.	Yes	Yes
Centenary College	2	2	.	2	2	.	Yes	Yes
Citadel, The	None	4	.	-----	-----	.	No	No
Drury College	None	None	.	None	None	.	Yes	Yes
Emporia, College of	2	2	.	2	2	.	Yes	Yes
Ft. Hays Tchrs. Col.	2	2	.	2	2	.	Yes	Yes
Georgia Tech.	1	2	.	-----	-----	.	No	No
Hardin-Simmons U.	2	2	.	2	2	.	Yes	Yes
Kansas Wesleyan	4	4	.	4	4	.	No	No
Kans. Tchrs. (Emporia)	2	?	.	2	4	.	Yes	Yes
Kans. Tchrs. (Pittsburg)	2	?	.	2	?	.	Yes	Yes
Kansas Aggies	2	2	.	2	2	.	Yes	Yes
Ky. Tchrs. (Bowling Green)	2	2-plus	.	2	2	.	Yes	Yes
Ky. Tchrs. (Murray)	2	2	.	2	2	.	Yes	Yes
Ky. Tchrs. (Morehead)	1	1	.	1	1	.	Yes	Yes
McPherson College	2	2	.	2	2	.	No	No
Mo. Tchrs. (C. Girardeau)	2	4	.	2	4	.	Yes	Yes
Mo. Tchrs. College N.E.	2	4	.	2	4	.	Yes	Yes
Mo. Tchrs. (Marysville)	2	4	.	2	2	.	Yes	Yes
Mo. School of Lines	1/2	?	.	None	?	.	No	No
Neb. Tchrs. (Wayne)	1	?	.	1	?	.	Yes	Yes
Neb. Tchrs. (Peru)	2	2 or 3	.	2	2 or 3	.	Yes	Yes
N. Texas St. Teachers	4	4	.	4	4	.	Yes	Yes
Okla. A. & M. College	2	?	.	2	2	.	Yes	Yes
Okla. Tchrs. (Durant)	4	4	.	4	4	.	Yes	Yes
Okla. Tchrs. (Alva)	4	?	.	4	?	.	Yes	Yes
Okla. Tchrs. (Tahlequah)	2	2	.	2	2	.	Yes	Yes
Okla. Tchrs. (Ada)	4	?	.	4	?	.	Yes	Yes
Southern Methodist U.	2	2	.	2	2	.	Yes	Yes
St. Louis University	1	2	.	1	2	.	No	Yes
Tulsa University	2	2	.	2	2	.	Yes	---
Texas Tech.	2	2	.	2	2	.	Yes	Yes
U. of Mississippi	4	4	.	2	2	.	Yes	Yes
U. of Louisiana	4	4	.	2	2	.	Yes	Yes
U. of Illinois	4	2-plus	.	2	2-plus	.	Yes	Yes
U. of Missouri	2	2	.	2	2	.	Yes	Yes
U. of Kansas	4	2	.	1	1	.	Yes	Yes
Washington University	2	2	.	2	2	.	No	Yes