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Dear Dr. Allen:

Since our meeting with Dr. Canuteson last week I have talked with Ray Kanehl, Reg Strait and Elmer Schaake several times about just what sort of a program in physical education we should present to the faculty for their approval. We are all agreed upon the following proposed program of physical education for the next few years.

The question of frequency
~~The~~ objectives in the proposed program are as follows: (1) to develop and maintain at least a minimum degree of physical fitness. ~~As you remember,~~ Physical education is not a subject that can be learned once and dropped. It must be a continuing experience if it is to accomplish its purpose. Veterans and high school students who have been ~~used~~ ^{accustomed} to vigorous muscular activities should not drop all physical activity entirely the minute they enter college, but for the sake of their own health and well-being should be required to take some physical exercise.

(2) To develop skills in certain recreational activities of the students' own choosing which will be interesting and worthwhile not only during their college days but for their carry-over value in later life.

(3) To insure that every student ^{will be} ~~be~~ able to swim at least moderately well. The worthwhileness of this objective has been brought home to us in the present conflict where most of the fighting has taken place either on, over or in the water.

(4) To furnish an opportunity for the physically handicapped to rehabilitate themselves so that they can learn some sport or game commensurate with their physical ability.

(5) To provide an opportunity for the correction of physical defects insofar as that is possible with the proper program of exercise.

(6) The development of certain character and social traits, such as leadership, sportsmanship, fair play which ~~can~~ ^{may} come about ~~only~~ through participation in a well-organized and directed physical education and athletic program.