Any returning service men of freshman or sophomore classification would be required to take 2 semesters work in the activities or sports of his choosing but would be given credit for his freshman P. E.

- C. All students at the freshman and sophomore level to be required to pass a beginning swimmer's test and if unable to do so, to take beginning swimming until able to pass the minimum requirements.
- D. An adapted sports course to be set up for anyone unable to pursue the basic freshman course because of physical disability.

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A program such as I have suggested would have the following features to commend it:

- l. Veterans would not be required to repeat the army or navy basic physical training courses. The course for veterans would be entirely recreational and the activities elective. They would be offered such activities as handball, swimming, basketball, volleyball, badminton, tennis, softball, fencing, equitation, golf, etc.
- If physical education were placed entirely on a voluntary basis, those veterans who need physical recreation most would not take advantage of it. Also, many of the physically fit would exercise only irregularly. We must safeguard this latter group from a sudden let-down in physical training and resultant physical softening up.

Furthermore, many veterans going to college will be getting training in physical skills for the first time. Poor facilities and programs in the high schools often resulted in little skill training and the armed forces were primarily concerned with toughening rather than developing skills with carry-over values for later life.

- 2. It must be remembered that physical education is not a subject that can be learned once and dropped. It must be a continuing experience if it is to accomplish its purpose.
- 3. One purpose of the basic course for freshmen is to give young men a little regular exercise several times a week to keep them physically and mentally keen and healthy. A further objective would be to orient the freshman and give him a taste of a number of activities and body building so that he can choose more wisely those activities that he cares to pursue in his leisure time and as a sophomore. Many, many graduates of Kansas high schools have never had an opportunity to know the joy of participating in physical activity in a well integrated program.