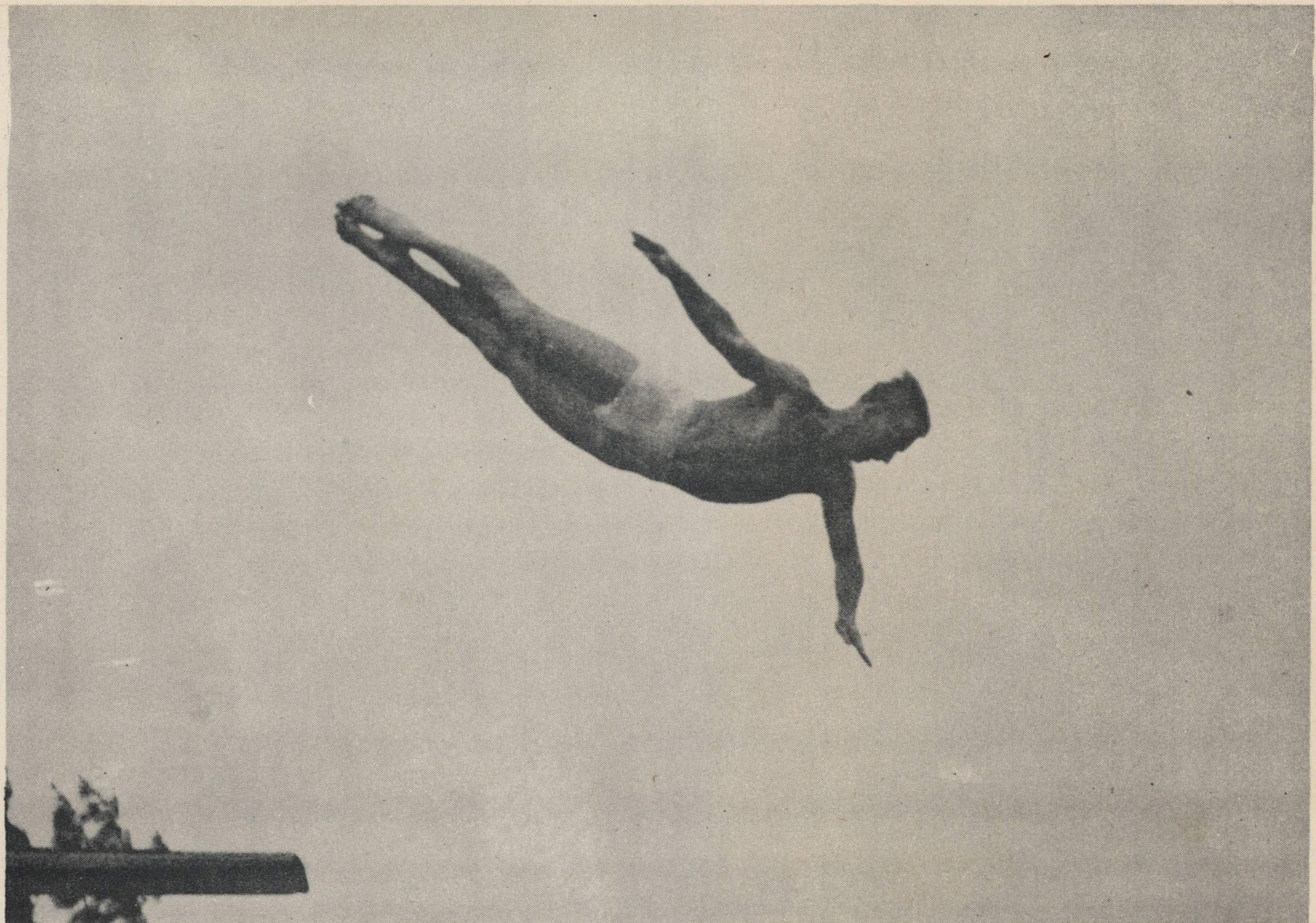


L E A R N I N G T O S W I M

W I T H



T H E U . S . N A V Y

By the Physical Training Section, Training Division, Bureau of Naval Personnel.  
Especially Prepared for physical trainers and drill officers.

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