THE DUTY OF KEEPING PHYSICALLY FIT

Both army and navy officials have pointed out that to keep oneself physically fit at this time is a primary duty of all loyal citizens; and a member of the General Staff of the United States Army has suggested that all colleges and universities make work in physical education compulsory. Although the University has not found it possible to take this step as yet, we have maintained, and plan to continue to miantain, facilities aboundant enough to enable every student who will use the opportunity to exercise regularly, either by using the gymnasium or by joining in the organized sports directed by members of the Physical Education staff. A varied program of intramural games is carried on throughout the year, in which all students on the campus are invited to take part. To become a member of some sports group one has only to make application at the Intramural Sports office in Robinson Gymnasium.

Enrollment in courses in physical activity, for a limited amount of credit, is allowed in several schools of the University.

Dr. F. C. Allen, chairman of the Department of Physical Education, has arranged to use the course, Individual Gymnastics, as a means of aiding those who wish to exercise strenuously in preparation for military service or other war work.



UNDERSTANDING THE WAR

We hope that students at the University of Kansas will not be satisfied, entirely, with the preparations they are making to assume rôles in the active defense of the nation, but that along with an interest in our military and indus-