

THE UNIVERSITY OF NEBRASKA
DEPARTMENT OF PHYSICAL EDUCATION
AND ATHLETICS
LINCOLN

DIVISION OF
PHYSICAL EDUCATION
FOR MEN

F.C.A., 2/27/42, 2

we plan shortly to include some Judo (Jiu-jit-su) and also quite a considerable amount of the work on bone-breaking holds and other forms of wrestling that are barred in competition, but which may be of value in war. We are also planning to include in our swimming classes instruction in swimming particularly in full clothing and even getting military equipment from the Military Department to teach swimming in full military uniform with pack, gun, etc. We are urging the students to participate particularly in those activities that will most quickly and easily develop physical strength, endurance, agility, etc., and among those we are trying to push are the general physical education work, handball, wrestling, ~~and~~ boxing, and swimming, and football to some extent. We are also trying to encourage general use of the trampoline, which gives a surprisingly good workout and which we have found is the most popular piece of apparatus in our gymnasium.

In answer to your inquiry concerning compulsory physical education, will say that I doubt very much if the University of Nebraska will go to this inasmuch as our present ~~chancellor~~ is quite opposed to compulsory physical education, but he does seem to be in sympathy with the pushing of our program and the encouragement of the optional work to the greatest possible degree. He would not oppose compulsory physical training for the duration, I know, if the request for the same came from the students, but I am positive he would oppose it otherwise. As you are doubtless aware, we have never had compulsory (required) physical education for men with the exception of the one year required of freshmen in the Agricultural College, which, by the way, was put in at the request of the Agricultural College students. It is true further, however, that all men excused from Military Science because of physical disability are required to substitute an equal number of credit hours (four) in lieu of the military drill. We have always had what I have felt was quite a satisfactory voluntary registration in our practical work, but, of course, this has been helped somewhat by the fact that we grant regular academic credit for this work on the same basis as any other laboratory work in the University. This academic credit program has been in force here for over forty years and I think has been a great help.

I think you have one of our catalogs which shows the rather wide variety of optional practical courses we offer