

The College Physical Education Association meeting in its Forty-Fifth annual convention in Detroit, Michigan, December 30 and 31, 1941, in recognition of the vital importance of physical fitness in the present crisis, urges the colleges and universities to plan their programs of physical education in accordance with the following recommendations:

1. That the physical education program be placed on a five days a week basis for four years for all men. (Three times weekly is an absolute minimum.)
2. That the programs of intramural activities, inter-collegiate athletics and physical education be broadened and intensified.
3. That a complete service of medical examination be extended to all male students; that the follow-up work including the correction of remediable defects be made a part of the program.
4. That timely and vital courses, such as first aid, and life saving, personal hygiene, including military and social hygiene, be given.

Furthermore, this Association endorses wholeheartedly the physical fitness program of the Office of Civilian Defense and offers the services of the membership.