INTRAMURAL SPORTS
OBSTACLE RACES
"Missouri Toughener"
CHAMPIONSHIPS

INSTRUCTIONS:

1. Medals to School Champions (Individual), Gold, Silver and Bronze.

2. Ribbons to School Championship team-8 man relay, limited to men living in same house.

3. Fraternity points based on house efficiency. Efficiency equals total time divided by quota (50%) of actives and pledges.

4. Meet will be held: May 2, 10-12 A.M.
                      May 5, 4-6 P.M.
                      May 7, 4-6 P.M.
                      May 9, 10-12 A.M.
     Team Relays: May 9, 2-4 P.M.

5. Every man will be allowed two trials.

6. Teams will be assigned date and hour to report.

7. Managers sign entry chart in Intramural Office.

8. Suggest wearing old clothes.

9. Fraternity Quotas*

Alpha Gamma Rho--28	FarmHouse-----22	Pi Kappa Alpha--16
Alpha Gamma Sig--28	Kappa Alpha--28	Sigma Alpha E.--28
Alpha Sigma Phi--15	Kappa Sigma--28	Sigma Alpha Mu--20
Alpha Tau Omega--22	Lambda Chi----18	Sigma Chi--------28
Beta Theta Pi-----28	Phi Delta T.--38	Sigma Nu---------32
Delta Tau Delta--16	Phi Kappa Psi-16	Sigma Phi Ep----15
Delta Upsilon-----15	Phi Gamma D.--24	Zeta Beta Tau----28
Phi Sigma Delta--20		

* Report corrections to Intramural Office.

DIRECTIONS

The first barrier may be jumped or hand vaulted.

The second obstacle, which is the water hazard, must be leaped.

The third obstacle is one under which the individual may dive or roll.

The fourth barrier, and there are three in this group, may be hand vaulted or jumped or hurdled.

The wall is the next obstacle and any method may be used in getting over it.

The last barrier is the balance beam. The competitor must walk the length of the beam without falling off. If the competitor falls off he must go back to the start of the balance beam and attempt again to walk the entire length of the beam without falling off.

After walking the length of the balance beam the competitor is to run around the single turning post and return to the finish line which is immediately south of the first barrier. The start and the finish lines are designated by line markings.