

(Table III - continued)

Handball	94	Track	112
Paddle Handball	25	Water Polo	40
Hiking	44	Wrestling	102

(note: the above activities were the only ones appearing on the questionnaire. Others mentioned were volleyball, horseshoes, canoeing, tobogganing, weight lifting, and field hockey.

One of the principle factors lacking in many college and universith health and physical education programs in past years has been that no definite standards or requirements were required to be attained in any of the activities offered. In order to get some idea of the post-war trends in this respect, the question was asked: "Will various requirements or standards have to be met in any of the following activities?"

Table IV shows these results as follows:

Table IV (128 Schools)

Type of Activity	Frequency with which standards will be required.
Physical Fitness	98
Swimming	90
Life Saving	52
Water Safety	38
Orthopedic (Corrective) Work	26
Varsity Participation (on the squad)	56
Intramural Participation	55
Recreational Participation	41

In the last three years the physical fitness of the individual has been of primary importance. Many tests of strength and endurance are used by the Armed Forces. How much of this testing will be incorporated into the college and university programs? Table V shows possible trends along this line to be as follows:

Table V (128 Schools)

Type of Test Given, and the Number of Schools Requiring the Test.			
Chins	77	Squat Jumps	40
Dips (Parallels).	37	Straddle Angle Chin..	2
Push ups	82	Mile run	27
Rope climb	49	880 yard run	17

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