After these measurements have been secured, refer to the table for classification. For example, a boy's age is 14 years and 10 months, his height 61½ inches, and his weight 136 pounds. The exponent for 14 years and 10 months is 30; the exponent for 61½ inches is 29, and the exponent for 136 pounds is 22. The sum of these exponents (30, 29, 22) total 81. We find from the table that the boy is in Class C, and is expected to meet the standards listed for his class on following page.

The sample individual record chart on page 22 provides for three separate testings during the school year. A comparison of the records will indicate the progress being made.

The exponents for age, height, and weight may be found by consulting the Classification Scales. These are added and the Class recorded.

The column headed "Score" refers to achievement or T scores, a system of evaluating different types of tests on the same basis. Where these scales are not available, the "Score" column may be omitted. Column "r" refers to rating: Fair, Good, and Excellent, as found in the chart on Standards.

Exp.	Age	Height	Weight	Exp.	Age	Height	Weight
9			53–59	24	11:9–12:2	49½–51½	147–153
10			60–65	25	12:3–12:8	52 –53½	154–159
11			66–71	26	12:9–13:2	54 –55½	160–165
12			72–78	27	13:3–13:8	56 –57½	166–171
13			79–84	28	13:9–14:2	58 –59½	172–178
14			85–90	29	14:3–14:8	60 –62	179–184
15			91–96	30	14:9–15:2	62½–64	185–190
16			97–103	31	15:3–15:8	64½–66	191 up
17			104–109	32	15:9–16:2	66½–68	
18			110–115	33	16:3–16:8	68½–70½	
19			116–121	34	16:9–17:2	71 –72½	
20			122–128	35	17:3–17:8	73 –74½	
21			129–134	36	17:9–18:2	75 up	
22	10:9–11:2	47 down	135–140	37	18:3–18:8		
23	11:3–11:8	47½–49	141–146	38	18:9–19:2		

Cozens, Frederick W.; Trieb, Martin H.; and Neilson, N. P.; *Physical Education Achievement Scales for Boys in Secondary Schools,* (A. S. Barnes & Co., 1936)

Class	Exponent Value (Sum)
F............................	69 and below
E............................	70–74
D............................	75–78
C............................	79–82
B............................	83–87
A............................	88 and over