Required Toughening Program

Group B will be composed of men who must take the General
Physical Fitness course. This course will be primarily designed
as a developmental conditioning and toughening course. This
group will include men who have passed the swimming test satisfactorily, but have not achieved satisfactory standards upon
the physical performance tests. Satisfactory in this case shall
be taken to mean the score of 50 on the average on the test. The
test used will be the Air Porce Technical Training Command's
physical performance test (see copy attached), plus such other
tests as the Physical Education Department may devise. In other
words, a student must have a physicial proficiency equal to the
average man in the Army Air Porce and must have passed his
swimming requirement before he can participate in the optional
program for Group C.

A CASTRET

Students out for varsity sports will be considered as being in the toughening program until the end of that varsity sport, at which time they will go into either Group A, B, or C, depending upon their scores in the various tests.

Optional Required Progrem

Students will comprise Group C who have passed satisfactorily both the swimming test and the required physical performance standards. Anyone in this group may elect any of the regular offerings of the Physical Education Department but will be required to participate in three hours of physical education each week. This program is aimed at maintaining the degree of physical