

C. The Optional Required Program (Recreational).

The same activities as have been offered the last several years by the University will be offered in this program with more sections and more activities.

4. Numbers in Class: Classes will be closed when filled to the maximum. In no case will a class be held with fewer than 10 students enrolled.

5. Class Procedure:

*Roll will be checked by recording uncovered numbers on the gym floor. If the class meets outside roll will be checked by the number calling technique.

Typical class period (Physical Conditioning Course)

9:30-9:38 Checking out baskets, dressing, etc.

*9:38-9:40 Roll call

9:40-9:45 (Marching, pacing and running) Warming up period

9:45-9:55 Conditioning exercises

9:55-10:05 Relay races - combats - stunts - low org. games, etc.

10:05-10:10 Obstacle course

10:10-10:20 Showers, dressing, etc.

6. Number in the Program: This proposed program should provide for approximately 1600 men. However, it is flexible enough that by some shifting in classes a larger or smaller group may be handled. While it is impossible to do much more than guess, a rough guess would place about --