

II. A Typical Hour's Work for any group follows:

8:30 - Check out basket

8:37 - Be on floor

8:38 - Check roll

8:38 - 8:50 - Running and chinning

8:50 - 9:10 - Tumbling

9:10 - 9:20 - Shower and change clothes.

III. A typical weekly program is attached based upon a situation where a load of 200 students is handled each hour during the 8 hours of the day.

Ability to pass a swimming test would be required of each student - otherwise he would be required to take elementary swimming.