

UNIVERSITY OF KANSAS  
LAWRENCE

DEPARTMENT OF PHYSICAL EDUCATION

October 31, 1939.

Dr. Forrest C. Allen,  
Department of Physical Education,  
University of Kansas.

Dear Dr. Allen:

Some time ago you asked the members of the Physical Education staff to suggest extracurricular activities which might be required of physical education majors. No doubt most of our physical education majors already carry a heavy extracurricular activity load. But I believe that any activities which would better prepare them for their future jobs in the field of physical education might justifiably be added to their program. Activities which do not have a direct bearing on their professional training should not be considered. The following points seem to be of sufficient importance to be required:

(1) I have found that the present group of men practice teachers are inadequately prepared in the field of rhythmic. National physical education authorities agree that a physical education program which does not include rhythmic is inadequate. Therefore, I believe that rhythmic should be included in our required courses for physical education majors. If folk dancing is not included in the above courses, I believe that attendance at the folk dancing session would be a reasonable requirement for at least one year during the four year course.

(2) Every physical education major should be required to pass a swimming test (of minimum standards, at least) before graduation. If the student did not learn to swim in 31M or 33M, he would be obliged to repeat those courses, or enroll in other swimming skill courses until he learned to swim. I personally believe that every physical education major should pass the American Red Cross senior life saving test before graduation, although this requirement might seem a bit too rigid.

(3) Every physical education major should be required to referee satisfactorily a minimum number of touch football, basketball, softball and volleyball games and serve as a track official and a field event official during his four year course.