5. Sports (6 semester hours) --

Football Soccer
Baseball Speedball
Basketball Tennis
Golf Volloyball

Handball Track and field ovents
Playground ball Horseshoe pitching

C. Courses in the Teaching of Physical Activities and in Teaching Health (3 semester hours each) -

Education just as soon as is practicable. We propose to have definite standards and requirements in regard to the following: time allotment; program content; facilities and equipment; physical examination; gymnasium; shower facilities; training and certification of teachers; and examination of pupils. In regard to the training of teachers it is our plan to propose the following standards: a major in Health and Physical Education with at least 30 semester hours credit for the full-time teacher; a minor in Health and Physical Education with at least 18 semester hours credit for the part-time teacher; and a minimum of 12 semester hours in Health and Physical Education for the regular high school classroom teacher who teaches any part of the program.

The teacher in the elementary grades should have preparation and training on the same basis as the high school teacher. Only the larger schools will be able to employ a full-time teacher in either the grades or high school, and consequently the major emphasis should be on the training of the part-time and regular classroom teacher.

The general preliminary plan is to announce the standards required for high school credit in Health and Physical Education and for the first year adopt the policy of approving and publishing the list of schools meeting these standards; then, allow the schools on the approved lists to grant one credit in Health and Physical Education for the four year program.

Too many of our present force of teachers have had no training in Health and Physical Education or they have been trained to coach only the major sports. We consider athletics a very vital part of a physical education program, but we do not believe that athletics should constitute the whole program. We solicit your active cooperation in the matter of adequate preparation of teachers for this important phase of our school work. Suggestions in regard to a program of teacher training and preparation are especially desired from those who are engaged in the preparation of teachers for the public schools of Texas.

Yours truly,
(Signed)
R. N. Sandlin, Director,
Health and Physical Education

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P.S.: Despite the fact that suggested courses have been listed above, it is evident that some more definite placement of these courses should be made. For example, a course in Games of Low Organization should be designated as a course for prospective teachers of the elementary grades or for high school teachers because the games taught as well as the teaching methods to be learned would be entirely different in each case. The same thing would be true of rhythmic activities, gymmastic activities, etc. Under this latter arrangement, a teacher would be definitely prepared to teach a certain grade level by having the proper subject matter as well as the appropriate procedure.

Your suggestions will be sincerely appreciated.