

3. An indoor playroom is recommended but will not be required until 1935.
4. Each pupil must be given a health examination by a medical doctor or nurse at least in alternate years. It is suggested that pupils of the first, third, fifth and seventh grades be examined each year. An annual examination is preferred and highly recommended for the first four grades at least.
5. Each school must have a daily class in health instruction of at least fifteen minutes in length, such to be counted, if so desired, as a part of the 150 minutes per week for the whole program. Where the school program will permit the extra time, the health period should be in addition to the 150 minutes per week for physical activity.
Items 3, 4, 5 and 6 under STANDARD IV for high schools also apply to elementary schools in the same system.
6. Adequate play space as well as equipment adequate to meet the needs of the enrollment will be expected. The generally accepted standard for outdoor play space in the elementary grades is 400 square feet per child. An elementary school of 500 enrollment should have at least four acres of free play space.

The State of Michigan has issued the following as the essentials of a good physical education program, and they are submitted for your consideration:

1. A selection of activities based upon the ability and needs of the pupil.
2. An opportunity for participation by every student in a natural play program.
3. An outdoor play space large enough for the play activities of the group.
4. An indoor space for use in inclement weather.
5. Equipment sufficient for all activities included in the program.
6. An attitude of courtesy, cooperation, and happiness on the part of both pupils and teachers.
7. A leadership by physical education and general teachers that is capable, friendly and constructive.

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The Rice Institute,
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