LABORATORY REQUIREMENTS FOR

PHYSICAL EDUCATION 100, 200, 300 & 400

1. Physical Education 100, 200, 300 and 400 each require a laboratory course of instruction designed to teach motor skills and methods of instruction in a wide variety of activities. In order to fulfill the requirements for graduation a total of 48 laboratory credits must be earned in four years. Forty of these credits must be earned in the activity units enumerated below; the remaining eight credits may be earned in any activity shown on the accompanying laboratory schedule.

8 credits in football

8 credits in basketball

8 credits in track

4 credits in baseball

2 credits in swimming and life saving

2 credits in handball and volleyball

2 credits in soccer and speedball

2 credits in tumbling and stunts

2 credits in indoor program of physical education

2 credits selected from the following:

a. Tennis

c. Boxing

b. Golf

d. Wrestling

- 2. An activity unit consists of a minimum of six clock hours a week for a period of five weeks. Two laboratory credits may be earned for each activity unit. Each student is responsible for adjusting his own program so that the credit requirements are fulfilled. He is responsible for all information relative to the dates of the various units, attendance, credits and other items incidental to the laboratory program.
- 3. No unexcused absences will be permitted in the activity units. One absence unless excused by the instructor in charge will result in a failure for the unit.
- 4. Laboratory credit is counted toward athletic eligibility, hence a failure in a laboratory unit may cause ineligibility for athletic competition.