

COURSES IN PHYSICAL ACTIVITY

The courses listed as Physical Activity are designed primarily to secure health, recreation and physical skills. Each course is one-half semester in length. The student selects an activity in the fall semester, which continues for the first half-semester and then changes to another activity for the remainder of the semester. During the spring semester the same practice is followed. The average of the grades for the two half-semesters' work determines the semester grade - one hour credit for the semester. In general, activities are divided into indoor and outdoor activities.

Courses for Freshman and Sophomore Men

- 1a. ELEMENTARY BASKETBALL. Methods of passing, catching, dribbling, the pivot, and floor bounce. The fundamental shots such as the free throw, the push-chest, the one-hand English, and the lay-up.
- 1b. INTERMEDIATE BASKETBALL. Theories of the individual defense, individual offense, the team defense and the team offense are thoroughly stressed and discussed. Prerequisite, 1a.
- 1c. ADVANCED BASKETBALL. The various phases of advanced team play together with the screen or pick-off is shown. A thorough knowledge of the basketball rules is required, which enables the player to coach or officiate a game properly. Prerequisites, 1a and 1b.

The Curriculum Revision Committee recommends to the faculty of the School of Education the following changes in curriculum:

A. For the Department of Physical Education:

That 37 First Aid, 2 hours, be changed from a required to an elective course.

That 35 Football, 3 hours, be reduced to two hours credit.

That ¹⁵86 Advanced Track and Field, 1 hour, be changed to two hours credit.

That 80 Treatment of Athletic Injuries, 2 hours, be changed to a three-hour course, required for men, elective for women.

That 68 Physical Education for women be increased from one hour credit to two hours credit.

That ²⁰85 Theory of Swimming for women be increased from one hour credit to two hours credit.

That the content of 34W Physical Education and 68 Physical Education (W), be regrouped in the following manner:

P.E. 34W Second semester. Activity course, plays and games; volley ball, tennis and baseball.

P.E. 68 Second semester. Lecture and activity course for juniors. A study of the methods of teaching the dance; social, folk, children's rhythms, tap and modern.

That where only two courses are given in an activity they be called elementary and intermediate, instead of elementary and advanced.

That the content of 1a Elementary Basketball (for freshman men) and 1c Advanced Basketball be changed as follows:

1a Elementary Basketball. Methods of passing, catching, dribbling, the pivot, and floor bounce. The fundamental shots such as the free throw, the push-chest, the one-hand English, and the lay-up.

1c Advanced Basketball. The various phases of advanced team play together with the screen or pick off is shown. A thorough knowledge of the basketball rules is required, which enables the player to coach or officiate a game properly. Prerequisites, 1a and 1b.

That the following activity courses be added to the curriculum for freshman-sophomore credit:

1b Intermediate Basketball. Theories of the individual defense, individual offense, the team defense and the team offense are thoroughly stressed and discussed. Prerequisite, 1a. One-half hr. credit.

44a Elementary Social Dancing. This course includes the fundamentals of social dancing, as: dance positions, leading and following, ball room etiquette and the basic technique of promenade, rocking step, balance, pivot, two step, waltz, fox trot and canter.

44c Advanced Social Dancing. This is a continuation of course of elementary social dancing with increased skill in the execution of the fundamental steps and the addition of advanced techniques as the tango, habanera, continental and ranchero. One-half hr. credit.

45a Elementary Badminton. The fundamental strokes of badminton. General court position and tactics for singles and doubles games. Rules. One-half hr. credit.

45c Advanced Badminton. Continuation of elementary badminton, with the addition of advanced strokes, and tactics. One-half hr. credit.

46a Elementary Archery. The development of good shooting form and the principles of archery. Scoring. Rules. One-half hr. credit.

46c Advanced Archery. A continuation of elementary archery in the development of skill. Study of proper equipment, scoring methods, tournament shoots and related archery activities. One-half hr. credit.

42d Sabre. A study of the sabre including work on the basic attacks, parries and guards, with emphasis upon the techniques of individual competition.

See 91. That Advanced Basketball, 2 hours credit, be added as an elective course for majors in the Department of Physical Education.

- B. That course E272 Supervision of Instruction be numbered E272-372 and that the course now listed as E372 Problems of Elementary School Supervision be changed to E377.
- C. That courses in Vocational Education, V56 and V58, be changed to V156 and V158.
- D. That course M341 Problems in Teaching Method be changed to M377 Problems in the Theory and Practice of Teaching.

Respectfully submitted by the Curriculum Revision Committee.

F. O. RUSSELL, Chairman
E. E. BAYLES, Secretary

KEY

- M - Required of Men only
- W - Required of Women only
- R - Required of Men and Women
- EM - Elective Course - Men only
- EW - Elective Course - Women only
- E - Elective Course - Men and Women

New Required Courses

30. Personal Health (M). Three hours credit. First semester. Course for students majoring in Physical Education. A survey of the factors which determine personal health and an introduction to methods used in preventing disease. Elbel

Physical Education 31M - 32M - 33M - 34M. Two hours credit. Practice courses designed for men majors in Physical Education to provide opportunity for the development of skills in recreative sports. Classes meet daily.

31M. Phy. Ed. (M) First semester. Skills and techniques in elementary gymnastics, tennis, and swimming.

32M. Phy. Ed. (M) Second semester. Boxing, intermediate gymnastics, volley ball, elementary golf.

33M. Phy. Ed. (M) First semester sophomore. Tennis, handball, intermediate swimming, wrestling.

34M. Phy. Ed. (M) Second semester sophomore. Boxing, fencing, volleyball, golf.

Physical Education 31W - 32W - 33W - 34W. Two hours credit. These are activity courses for women majors in Physical Education designed to provide opportunity for the development of skills in the various sports. Classes meet daily.

31W. Phy. Ed. (W) First semester. Elementary hockey, swimming, elementary folk dancing, elementary tumbling.

32W. Phy. Ed. (W) Second semester. Elementary basket ball, elementary tap dancing, track and field, intermediate tap.

33W. Phy. Ed. (W) First semester. Advanced hockey, elementary modern dance, general physical education, advanced modern dance.

34W. Phy. Ed. (W) Second semester. Plays and games, rhythms, baseball, apparatus and marching.

67. Physical Education (W) One hour credit. First semester. Activity course for junior majors. Tennis and gymnastics. Three periods each week.

68. Physical Education (W) One hour credit. Second semester. Activity course for juniors. Volley ball, golf, soccer, social dance. Three periods each week.

35. Football (M) Three hours credit. First semester. A course for majors in Physical Education. A complete study in the theoretical aspects of the fundamentals of football. Study of defensive and offensive tactics for each position. Required of all men majoring in Physical Education.

65. Basket Ball (M) Two hours credit. First semester. Theory of basket ball including methods of teaching fundamentals; individual and team offense and defense; various styles of play and methods of coaching. Required of all men majoring in Physical Education.

75. Track and Field (M) One hour credit. Second semester. Course for Physical Education majors designed to acquaint the student with the fundamentals of track and field athletics.

70. Methods of Teaching Swimming (W) One hour credit. First semester. A consideration of the principles and methods of teaching swimming, diving, life saving and pool sanitation. Two periods each week.

71. Officiating I (EW) One hour credit. First semester. A study of the rules and principles of officiating the following sports: hockey, volley ball, darts, table tennis, and basket ball. Two periods each week.

72. Officiating II (EW) One hour credit. Second semester. A study of the rules and principles of officiating in the following sports: swimming, baseball, track, tennis, and deck tennis. Two periods each week.

New Elective Courses

82. Advanced Football (EM) Two hours credit. First semester. Prerequisite course 35. This course is a continuation of course 35. Major emphasis is placed upon strategy of team play, coaching methods, etc. Elective for men majoring in Physical Education.

86. Advanced Track and Field (EM) One hour credit. Second semester. Prerequisite course 75. A continuation of course 75 with major emphasis upon various methods of coaching and training. Elective for men majoring in Physical Education.

87. Advanced Swimming (EM) One hour credit. Second semester. A continuation of swimming taught in courses 31M and 33M with special emphasis upon methods of teaching and life saving methods. Two periods each week.

88. Advanced Gymnastics (EM) One hour credit. First semester. Prerequisite 31M and 32M. Theoretical and practical aspects of advanced gymnastics including methods of teaching various gymnastic activities.

89. Baseball (EM) Two hours credit. Second semester. A study of the theory of baseball involving the fundamentals of individual and team play.

73. Problems in Intramural Sports (E) Two hours credit. First semester. Lectures and discussion of problems related to the various phases of intramural athletic programs. Philosophy of intramural athletics, organization, administration, points systems, and suggestions for intramural sports programs in the school system will be stressed in this course. Elbel

74. Tests and Measurements in Physical Education (E) Two hours credit. First semester. Prerequisite course 36. This course involves the use of elementary techniques in measurements as applied to tests in Physical Education. A study of the more common types of tests in the field. Hoover

Required Courses Involving Some Change

36. History and Principles of Physical Education (R) Three hours credit. First semester. Required of all students majoring in Physical Education. The history and development of modern physical education and the underlying principles of school and college physical education. Elbel

- (1) Change to three instead of two hours credit.
- (2) Change from junior to sophomore year.
- (3) Change of number from 51 to 36.

37. First Aid (R) Two hours credit. First semester. Elective for students majoring in Physical Education. Prerequisite, Physiology 1. Emergency treatment of injuries, wounds, hemorrhage, burns and poisoning. Emphasis is placed on the technique of artificial respiration and emergency bandaging. Elbel

- (1) Change from junior to freshman year.
- (2) Change number from 52 to 37.

85. Kinesiology (R) Two hours credit. First semester. Required of all students majoring in Physical Education. Prerequisite, Human Anatomy 50. A study of the mechanics of muscular movement and of the action of the various muscles in various physical activities. Formerly combined with course in Physiology of Exercise - five hours.

- (1) Change of description.
- (2) Change of title.
- (3) Reduce to two hours.

90. Remedial and Physical Examination (M) Two hours credit. Second semester. Required of men majoring in Physical Education. Prerequisite or with Anatomy 50. This course is designed to acquaint the student with the common posture defects and methods of aiding in their correction.

- (1) Change of title.
- (2) Change of description.
- (3) Reduced from three to two hours.
- (4) Change of number from 84 to 90.

62. Theory of Athletics I (W) Two hours credit. First semester. Required of women majoring in Physical Education. This course includes the theory and coaching methods of the following sports: tennis, hockey, soccer, volley ball. Two hours lecture per week. Hoover

63. Theory of Athletics II (W) Two hours credit. Second semester. Required of women majoring in Physical Education. A course similar to course 62 involving the following sports: basket ball, baseball, track and field. Two hours lecture per week. Hoover

- (1) Change of title from "Methods and Practice of Athletics" to "Theory of Athletics."
- (2) Change of description.

80. Treatment of Athletic Injuries (M) Two hours credit. First semester. Required of men majoring in Physical Education. Prerequisite, course 50. Theory in treatment of more common athletic injuries. This includes all work in taping, bandaging, massage, operation and application of heat lamps, violet ray, diathermy, vibrators, and the method of making and using different protectors. The need for medical advice in case of injuries is recommended throughout the course. Two hours lecture per week. Allen

- (1) Change of title from "Physical Therapy" to "Treatment of Athletic Injuries."
- (2) Change of prerequisite from course 85, Kinesiology, to Anatomy 50.
- (3) Change from "One hour, two hours laboratory per week" to "Two hours lecture per week."

57. Principles of Community Recreation (M, EW) Three hours credit. Second semester. Required of all men majoring in Physical Education, elective for women. This course is planned for students interested in recreational leadership, in playgrounds, community and recreational organizations and activities of clubs, such as Camp Fire Girls, Girl Scouts, Boy Scouts, and in the organization, management and equipment of conducting social activities, games, play, etc., with adult groups in community recreation centers.

- (1) Change from two to three hours credit.
- (2) Required of men, elective for women.

55. Theory of the Dance (EW) Three hours credit. First semester. Elective for women majoring in Physical Education. A study of the history of the dance; its influence on civilization and its place in the school curriculum. Research topics are assigned and discussed. Theory in analysis of the types of dancing and their relation to music. Three hours lecture per week. Dunkel

- (1) Change from two to three hours.
- (2) Change from "One hour lecture, two hours practice per week" to "Three hours lecture per week."

84. Physical Examination and Prescription of Exercise (W) Three hours credit. Second Semester. Required of all students majoring in Physical Education. Prerequisite or with Anatomy 50. Theory and practice of examining the body for faulty postural conditions, scoliosis, weak feet, and other physical defects. Also instruction in the causes of these conditions, their effects upon the general health, and the use of therapeutic gymnastics as a means of correcting them. Studies in the methods of taking and the values of physical measurements are included. Dunkel

- (1) Change prerequisite from course 85 to Anatomy 50.

56. Content and Methods of Physical Education (R) Three hours credit. Second semester. Required of all women and men majoring in Physical Education. Prerequisite, course 36. A study of the content and methods of elementary and secondary school physical education, with specific methods regarding games, rhythmic exercises, stunts and self-testing activities. This course also includes study in the characteristics, tendencies, and needs of children of various ages in relation to physical activities. Dunkel

- (1) Change to an Education number.

Courses Requiring No Change

64. Personal Hygiene (W) Two hours credit. Second semester. Required of all students preparing to major in Physical Education. A course which stresses the fundamental laws of health as related to the individual. Emphasis is placed upon the mental phases of health as well as the physical. Dunkel

81. Administration of Physical Education (R) Three hours credit. Second semester. Prerequisite, twenty hours of Physical Education. Required of all students majoring in Physical Education. This course embodies a study in the administration of the school and college physical education; the principles and administration of intramural and mass athletics; the types and the administration of physical efficiency tests; the administration of health examinations and the care and value of health examination records; the purchase and care of physical education and athletic equipment; common methods of financing the athletic program; the construction of the gymnasium, swimming pool and the athletic field. Elbel

A254 (Education) School Hygiene (R)
(see Education)

50 (Anatomy) Human Anatomy (R)
(see Anatomy)

UNIVERSITY OF KANSAS
SCHOOL OF EDUCATION
LAWRENCE, KANSAS

✓ ADMISSION. In addition to the general admission requirements students seeking admission to the four-year curriculum in Physical Education shall be required to present a certificate of physical fitness as a result of the physical examination at the University of Kansas Student Hospital. Each student shall be required to take an annual physical examination at the Student Hospital and to maintain satisfactory physical fitness.

ABSENCES, Etc. There is no system of permissible absences. Students having excessive absences may be withdrawn from the course by the dean, with failure.

3. FAILURES. Students failing in more than forty percent of their work will be placed on probation for a semester. This probation will involve reporting to the dean at specified times. If no improvement is shown at the close of the second semester, the student shall be withdrawn. A standing committee on reinstatement shall have power to act on petitions from students who have been withdrawn under this rule.

MAXIMUM LOAD. The normal enrollment shall be 15 credit hours per semester. Any deviation from this standard will be made on the basis of scholastic achievement during the preceding semester, but in no case will a student be permitted to enroll for more than 18 credit hours.

ELIGIBILITY FOR ATHLETIC PARTICIPATION. Eligibility for athletic participation shall be governed by rules of the Big Six Athletic Conference, which at present are briefly as follows: No person shall participate in any athletic contest unless he is a bona fide student having met entrance requirements and doing full work in a regular or special course defined in the curriculum of his school or college. A student to be eligible shall be carrying not less than 12 hours.

During the two semesters immediately previous to participation the student shall have satisfactorily completed not less than 27 hours. This section shall refer to credits during two semesters and summer school immediately previous to participation. Said summer school must precede or follow the second semester.

PROPOSED FOUR YEAR CURRICULUM IN PHYSICAL EDUCATION

High School and General School of Education Requirements

- 3 years English
- 2 years Physical Science or 2 years Mathematics
- 2 years Biological Science
- 2 years Social Science

Enrollment - In the Department of Physical Education in the School of Education, starting at the beginning of the Freshman year.

Required Hours for Graduation - 124.

- 19 or more hours of Education
- 30-40 hours in Physical Education

Grade Point Requirement - Cumulative grade points.....140
Average in major.....1.5

Prerequisites for Practice Teaching - 80 hours and 90 grade points.

Academic Minor - All candidates for a degree will be required to present an academic minor of at least 20 hours.

Degree - Bachelor of Science in Education.

Suggested Curriculum for Men

Freshman Year

First Semester	Second Semester
Rhetoric..... 3	Rhetoric..... 2
Social Science Survey..... 4	Elem. Animal Biol. (Zool.)... 5
Physical Ed. (Personal Health) 3	Physical Ed. (First Aid)..... 2
Physical Education 31M..... 2	Physical Education 32M..... 2
Academic Electives..... 3-4	Academic Electives..... 5-6

Sophomore Year

English Literature..... 2	History or Economics..... 5
Physiology..... 5	General Psychology..... 5
Principles of Speech..... 2	Hist. and Prin. of P. E. 3
Physical Ed. (Football)..... 3	Physical Education 34M..... 2
Physical Education 33M..... 2	Academic Minor..... 2-3
Academic Minor..... 3-4	

Junior Year

Educational Psychology..... 3	Education (Content and Method of Physical Education)... 3
Introduction to School Admin.. 2	Human Anatomy..... 5
Survey of American Educ...2	Track..... 1
Educational Sociology.....2	Community Recreation..... 3
Intro. to Educ. Meas.2	Academic Minor or Electives.3-4
Physical Ed. (Basket Ball).... 2	
Academic Minor.....5-6	

Senior Year

Education (Practice Teaching). 2	Education (Practice Teaching) 2
Kinesiology..... 2	Remedial & Physical Exam..... 2
Treatment Athletic Injuries... 2	Organization and Admin. P. E. 3
Education (School Hygiene).... 2	Electives.....8-9
Electives.....6-7	

Proposed Four Year Curriculum in Physical Education for Women

Freshman Year

First Semester	Second Semester
Rhetoric..... 3	Rhetoric..... 2
Social Science Survey..... 4	Elem. Animal Biol. (Zool.).... 5
Physical Education 31W..... 2	Phys. Educ. (First Aid)..... 2
Academic Electives..... 5-6	Physical Education 32W..... 2
	Academic Electives..... 4-5

Sophomore Year

English Literature..... 2	History or Economics..... 5
Physiology..... 5	General Psychology..... 5
Prin. of Speech..... 2	Hist. & Prin. of Phys. Educ... 3
Physical Education 33W..... 2	Physical Education 34W..... 2
Academic Minor..... 4-5	Academic Minor..... 1-2

Junior Year

Educational Psychology..... 3	Ed. Sociology or Ed. Meas..... 2
Intro. to School Admin..... 2	Human Anatomy..... 5
Content & Meth. of P. E. (Educ) 3	Methods of Teaching Swimming.. 1
Theory of Athletics..... 2	Theory of Athletics..... 2
Physical Education 67..... 1	Phys. Exam. and Presc..... 3
Survey of American Educ..... 2	Physical Education 68..... 1
Electives..... 2-3	Electives..... 2-3

Senior Year

Education (Practice Teaching). 2	Education (Practice Teaching). 2
Kinesiology..... 2	Org. & Adm. of Phys. Educ..... 3
Education (School Hygiene).... 2	Personal Hygiene..... 2
Elective Education..... 2	Electives..... 9-10
Electives..... 8-9	

Required Physical Education Courses

(Men and Women)

36. History and Prin. of Phys. Educ.... 3	
37. First Aid..... 2	<i>elec.</i>
35. Kinesiology..... 2	
81. Administration of Phys. Educ..... 3	

(Men only)

30. Personal Health..... 3	65. Basket Ball..... 2
31M } Practical or Skill Courses 8	75. Track and Field..... 1 2
32M }	90. Remedial and Phys. Exam... 2
33M }	80. Treatment of Ath. Injuries 2 3
34M }	57. Principles of Community
35. Football..... 3 2	Recreation..... 3

(Women only)

31W } Skill Courses..... 10	62. Theory of Athletics I..... 2
32W }	63. Theory of Athletics II.... 2
33W }	84. Physical Exam. &
34W }	Prescription of Exercise 3
67. } <i>2</i>	64. Personal Hygiene..... 2
68. }	

Elective Physical Education Courses

(Men and Women)

37. First Aid - 2 →

- 73. Problems in Intramural Sports.....2
- 74. Tests and Measurements in Phys.Ed...2

(Men only)

- 82. Advanced Football.....2
- 86. Advanced Track and Field.....1
- 87. Advanced Swimming.....1
- 88. Advanced Gymnastics.....1
- 89. Baseball.....2

91. Adv. Basketball ----- 2

(Women only)

- 57. Community Recreation.....3
- 55. Theory of the Dance.....3
- 71. Officiating I.....1
- 72. Officiating II.....1

80. Treatment of Ath. Inj. --- 3

Required Courses

(Men and Women)

Biological Science:

- Physiology I..... 5
- Elementary Animal Biology I (Zool.).... 5
- Human Anatomy 50..... 5

English:

- Rhetoric I..... 3
- Rhetoric II..... 2
- English Literature..... 2

Education:

- Educational Psychology..... 3
- Intro. to School Administration..... 2
- Survey American Education;
- Educ. Sociology or Educ. Meas..... 4
- Content and Method of Physical Educ.... 3
- Practice Teaching Physical Education... 4
- School Hygiene..... 2

Other Departments:

- Social Science Survey..... 4
- Principles of Speech..... 2
- History or Economics..... 5
- General Psychology..... 5

Physical Education Activities Offered to Women Majors

Freshmen

- Hockey
- Swimming
- Basket Ball
- Track and Field
- Folk Dance
- Tumbling
- Elem. & Intermed. Tap

Sophomores

- Hockey
- General Physical
(Deck tennis, darts,
handball, ping pong,
shuffleboard, horseshoes)
- Plays & Games
- Rhythms
- Baseball
- Apparatus
- Marching
- Elem. & Adv. Interpretive Dance

Juniors

- Tennis
- Volley Ball
- Golf
- Soccer
- Gymnastics
- Social Dance
- Soccer

7 7

REQUISITION FOR PRINTING

No.

(Leave blank)

Date June 1, 1938

To the Business Office:

Please procure for the use of the Department of Physical Education the job
(Department, Committee or Administration Office)

listed below, the number called for being the estimated requirements for the fiscal year ending June 30, 1940....

Copy is attached. Date wanted September 1, 1938

200 copies of Universal Score Sheet on Ink Paper

100 copies of Universal Score Card on Tough Card (Sample attached)

(Number of copies)

(Designation of job)

(DESCRIPTION—Ink, stock, make-up, binding, numbering, etc.)

Last order _____ (Signature)

Ordered—date:		Allowed—will ship	Received	Cost
State Printer	Journalism Press	DATE		

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listed below, the number called for being the estimated requirements for the fiscal year ending June 30, 1938.

Copy is attached. Date wanted September 1, 1938

1000

(Number of copies)

printed cards

(Designation of job)

size 3 $\frac{1}{2}$ " by 5 $\frac{1}{2}$ " - government post card stock

(DESCRIPTION—Ink, stock, make-up, binding, numbering, etc.)

(see copy attached)

Last order _____ (Signature)

Ordered—date:		Allowed—will ship	Received	Cost
State Printer	Journalism Press	DATE		

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Date June 1, 1938.

To the Business Office:

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listed below, the number called for being the estimated requirements for the fiscal year ending June 30, 1938...

Copy is attached. Date wanted September 1, 1938

100
(Number of copies)

No. 604 Junior Score Card (Sample attached)
(Designation of job)

(DESCRIPTION—Ink, stock, make-up, binding, numbering, etc.)

Last order _____ (Signature)

Ordered—date:		Allowed—will ship	Received	Cost
State Printer	Journalism Press	DATE		

REQUISITION FOR PRINTING

No. _____

(Leave blank)

Date June 14, 1938

To the Business Office:

Please procure for the use of the Department of Physical Education the job
(Department, Committee or Administration Office)

listed below, the number called for being the estimated requirements for the fiscal year ending June 30, 1938/40.

Copy is attached. Date wanted September 1, 1938

1,000

(Number of copies)

Rules and Regulations, Department of Physical

(Designation of job)

Education for Women

(See copy and sample attached)

(DESCRIPTION—Ink, stock, make-up, binding, numbering, etc.)

Last order _____ (Signature)

Ordered—date:		Allowed—will ship	Received	Cost
State Printer	Journalism Press	DATE		

1000
(5 yrs.)

University of Kansas,
Department of Physical Education,

Date-----

Dear Sir:

You will be enrolled in-----

----- for the second half of this semester.

Please report to this class-----

----- PROMPTLY.

Department of Physical Education,
Forrest C. Allen, Director.

The policy of the National Basket Ball Rules Committee is to thoroughly test any suggested rule changes as to the advisability of their adoption. It is in keeping with this principle that this game is being played. In order that we may have the reaction of the spectators to some of these features will you kindly answer the following:

1. Do you favor the 12 foot goal _____, or would you suggest 11 foot instead of 12 foot _____.
2. Do you favor held and jump balls being thrown up in the restraining circles _____.
3. Do you advise the adoption of the suggestion of throwing the free throw for personal fouls in the half of the court in which fowl is made _____.
4. Do you favor the goals being 6 feet in from end line instead of 2 feet _____.

Suggestions: _____

REQUISITION FOR PRINTING

No.

(Leave blank)

Date June 14, 1938

To the Business Office:

Please procure for the use of the Department of Physical Education the job
(Department, Committee or Administration Office)

listed below, the number called for being the estimated requirements for the fiscal year ending June 30, 19340....

Copy is attached. Date wanted September 1, 1938

2,000
(Number of copies)

Rules and Regulations, Department of
(Designation of job)

Physical Education for Men

(DESCRIPTION—Ink, stock, make-up, binding, numbering, etc.)

See copy and sample attached

Last order..... (Signature)

Ordered—date:		Allowed—will ship	Received	Cost
State Printer	Journalism Press	DATE		

REQUISITION FOR PRINTING

No.

(Leave blank)

Date June 13, 1938

To the Business Office:

Please procure for the use of the Dept. of Physical Education the job
(Department, Committee or Administration Office)

listed below, the number called for being the estimated requirements for the fiscal year ending June 30, 1939

Copy is attached. Date wanted September 1, 1938

500

(Number of copies)

Card - see copy and sample attached

(Designation of job)

White stock, same in weight as attached card; 5" x 8"

(DESCRIPTION—Ink, stock, make-up, binding, numbering, etc.)

Last order.....

(Signature)

Ordered—date:		Allowed—will ship	Received	Cost
State Printer	Journalism Press	DATE		

Intramural Horseshoe Team Results

INTRAMURAL RESULTS

Date _____

← TEAM	SCORE	← TEAM	SCORE

Record the score beside the winners name only

Intramural Horseshoe Team Results

INTRAMURAL RESULTS

Date _____

← TEAM	SCORE	← TEAM	SCORE

Record the score beside the winners name only.

250 - same weight paper as that attached
Horseshoe

(1)

125

100

Jan 17

**REGULATIONS GOVERNING
The Department of Physical Education**

Physical Education Requirements

1. The physical education program is divided into an outdoor and indoor activity program for each semester. A student electing physical education must enroll in an outdoor activity and an indoor activity at the beginning of each semester. Changes at mid-term may be made with special permission.

2. Any student electing physical education is required to enroll three times each week, T.W.F or T.T.F.

Physical Examinations

No student may enroll in a physical education class until she has had a physical examination. The examination is given by the University Hospital staff.

Health Grade "A"—Elect any activity.

Health Grade "B"—Restricted according to doctor's advice.

Health Grade "C"—Individual Gymnastics.

Health Grade "D"—Recommend no physical education.

Re.

STUNTS PROGRESSION

Grades 1-3

Mary-Ethel Ball

(2)

Sports Gymnasium Clothes

- 1- Shorts
- 2- Shirt
- 3- Shot hose
- 4- Shoes = Rubber or elk skids -
Tap Tap shoes.

Dancing

Modern

- 1. Black long sleeved leotard

Tap-

- 1. Tap costume or shorts
- 2. Tap shoes -

Swimming

- 1. One piece cotton tank suit
- 2. Swimming cap - preferably without chin strap

Fencing

9. Four-a-side badminton.

Two in front, two at back.

Both front players serve, after first "side out", but back ones wait until their side is in again, when they change places with front players. Either one front or one back player may receive bird.

x x

x x

x x

x x

10. Three-a-side badminton.

Two front, one back player.

Back player may receive service on either side, as well as one in front. Service same as in doubles, except players shift counter-clockwise for a turn after the side is "in" again.

x

x x

x x

x

Some of the above items may be omitted, owing to lack of time.

Advanced Strokes.

1. Forehand and backhand drive.
2. Overhead drop shot.
3. Smashing round the head.
4. Backhand smash.
5. Drive service.
6. Any "trick" shots desired by players.

3

Excuses

Regular excuse: The student reports for class during her menstrual period and answers roll by "Rest." Two class periods are allowed. Special permission must be secured from the instructor for a longer length of time.

Special excuses: Excuses are given to students when necessary on account of injuries or illness. These excuses are obtained from the University Hospital physicians. Students calling for these excuses must have received treatment from the hospital or show signs of illness when applying for them. These excuses should be checked with the instructor before returning to class.

Absences

Any student who has 5 unexcused absences will be dropped from the class. A drop from the class is equivalent to an "F". Excused absences will not affect the final grade. The student must be able to pass the course at the end of the term.

Equipment

1. Receipts for the payment of Physical Education fees must be presented to the matron of the locker room in the basement. Towel tickets and locker assignments are made there. The fee is \$1.50 with a \$1 deposit.
2. Towels are issued on presentation of the towel card. The card is filed with the matron until the towel is returned. Lost towels and equipment are charged against the student.
3. Your gymnasium equipment should be kept in your basket. The lockers are only for storage of your street clothes during your physical education period. Use your padlock from your basket to padlock your locker. *The Department is not responsible for lost articles.* Use the dressing rooms for dressing, but not for storing of clothes. Return your basket to its place after your activity period.

STUNTS PROGRESSION

Grades 1-3

Mary-Ethel Ball

4. Equipment such as basketballs, deck tennis rings, volley balls, horseshoes, etc., may be checked out from the equipment room. Such equipment is charged to you and must be returned personally. When returning equipment do not fail to get your "check-out" slip.

5. Tennis rackets must be furnished by students electing tennis. The rackets may be left with the matron in the equipment room. The Department is not responsible for them. The name and number must be placed on the racket.

Women's Athletic Association

The Women's Athletic Association offers opportunities for the competition of teams in extra-curricular activities. Intramural activities offers opportunities for competition also. Teams are chosen in hockey, soccer, basket ball, track, swimming, baseball, volley ball and tennis. Individual sports include deck tennis, horseshoes, ping pong and handball. Points are awarded for making the teams and for individual sports.

125 points are necessary for membership.

600 points award—Athletic KU emblem.

1,350 points award—KU Blazer.

2,000 points award—KU Loving Cup.

Other Organizations

Quack Club—Swimming Club.

Tau Sigma—Dancing Club.

Rifle Club.

Procedure:

Leader tosses ball over the net to first player in line. Player returns ball using an overhand volley. Repeat. Player goes to end of line. When all have had turns, leader chooses someone to trade places with her. Play proceeds until time is called.

Coaching Points:

- a. Keep eyes on ball.
- b. Face ball squarely.
- c. Knees flexed, ready to step in any direction or to jump if necessary.
- d. Bat ball diagonally upward with a light touch.
- e. Hands up and in front of face, fingers relaxed, pointing upward.

Additional Comments:

The toss is used so that the ball can be sent to an ideal position for a return volley. Two consecutive turns are given so that players may immediately correct errors.

This practice formation is intended for use at the start of the season.

Placement of the body in relation to the net is purposely omitted under Coaching Points. The ideal distance, of course, is an individual matter for each player, depending upon her height, length of arms, ability to jump and sense of timing. In general, short players should position themselves at a greater distance from the net than tall players.

2. SET-UP TO SELF AND OVERHAND VOLLEY.

Formation:

As for overhand volley. See diagram on page 1.

Procedure:

Same as for overhand volley except player steps back to receive ball below chest, sets ball up to herself with an under hand motion, and then sends it across net with overhand volley.

Coaching Points:

- a, b, c, and d, under Overhand Volley.
- e. Little fingers together, palms up, ready for the set-up.
- f. Push heels of hands upward as you bat the ball up to yourself.
- g. Send the ball high enough to give yourself ample time to get ready for the overhand volley.
- h. Hit ball across net at an acute angle, thus changing direction.
- i. Play ball with fingers; avoid using heels of hands.

June 20, 1938.

Mr. Jim H. Raport,
1142 Miller Avenue,
New York, New York.

Dear Jim:

Mighty happy to have your good letter of the 16th instant and to know that you are at home enjoying yourself, and also that you may have an opportunity to take in some of the N.E.A. meetings, or at least take in the special program for the health, physical education and recreation work.

The men at Columbia that I mentioned were Dr. Jesse Peiring Williams, head of the department, and Dr. Fritz Maroney.

Miss Dunkel just stopped in the office and mentioned Dr. Josephine Rathbone, but she tells me that she is in India for the summer.

Dr. Hughes had me speak to his class on basketball last year while I was there. E. C. (Ernie) Quigley, our football, basketball and baseball official, is conducting a class in officiating there at Columbia. It might be interesting if you had the opportunity to say "hello" to Quig. J. W. St. Clair, director of physical education at Southern Methodist University, was there last summer when I was there, and is now taking work there.

I saw so many fellows that I cannot recall all of them. Mr. Reid, chairman of the Coaches' Association and the Rules Committee, was there taking work. I think Reid is at Ypsilanti.

If you would happen to run into St. Clair tell him that I want him to introduce you around. He will be glad to do it. From 10:30 to 2:30 is the best time to meet them there at the Teachers College Building. You may find Dr. Williams very busy, but you can always find Dr. Maroney. He is a very affable and splendid gentleman. You will enjoy visiting with him.

I have conveyed your good wishes to the office force and I will do the same to Mrs. Allen. Our best wishes to you and Mrs. Raport. I trust you will have a very pleasant summer.

With every good wish, I am

Very sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH