

COURSES IN PHYSICAL ACTIVITY

The courses listed as Physical Activity are designed primarily to secure health, recreation and physical skills. Each course is one-half semester in length. The student selects an activity in the fall semester, which continues for the first half-semester and then changes to another activity for the remainder of the semester. During the spring semester the same practice is followed. The average of the grades for the two half-semesters' work determines the semester grade - one hour credit for the semester. In general, activities are divided into indoor and outdoor activities.

Courses for Freshman and Sophomore Men

- 1a. ELEMENTARY BASKETBALL. Methods of passing, catching, dribbling, the pivot, and floor bounce. The fundamental shots such as the free throw, the push-chest, the one-hand English, and the lay-up.
- 1b. INTERMEDIATE BASKETBALL. Theories of the individual defense, individual offense, the team defense and the team offense are thoroughly stressed and discussed. Prerequisite, 1a.
- 1c. ADVANCED BASKETBALL. The various phases of advanced team play together with the screen or pick-off is shown. A thorough knowledge of the basketball rules is required, which enables the player to coach or officiate a game properly. Prerequisites, 1a and 1b.