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THE COLLEGE FOUR YEAR MAJOR CURRICULUM

For the Preparation of Teachers of  
Health, Physical Education and Recreation

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History: In 1937 the Directors of Physical Education of the Illinois Teachers Colleges, realizing the need for a more standardized curriculum, appointed a curriculum committee. This committee studied the problem and in 1939 submitted a curriculum acceptable to all. The movement seemed so worth-while that the National Society of State Directors appointed a curriculum committee to cooperate with the Illinois Committee with the view to adapting its curriculum to the national situation and presenting it to the North Central Association for adoption.

In April 1940 the North Central Association appointed a committee which met with the National Society of State Directors. This joint committee's report was submitted to and approved by the Committee on Professional Education of the American Association for Health, Physical Education and Recreation.

The curriculum as herein outlined is the report as finally approved by all committees and is now submitted to the Executive Committee of the North Central Association of Colleges and Secondary Schools (May 11, 1940). The Society of State Directors and the Committee on Professional Education of the American Association for Health, Physical Education and Recreation wish to have this curriculum considered tentative and subject to improvement from year to year.

Purposes: The idea has been not to set up a rigid four year schedule, but rather to state in general areas and total units an outline standard that will assure a teacher who can conduct a balanced program--not a specialist in athletic coaching, in recreation, health or safety.

Such a Curriculum outline will:

1. Aid reciprocity between states and between institutions and aid state departments in evaluating credentials.
2. Assure the individual college that its curriculum is adequate.
3. Assure the graduates that they are adequately prepared and that their credits will be acceptable in all states of the Union.
4. Assure the superintendent and principal that they are receiving well prepared teachers when selecting from an accredited institution.

Request: We respectfully request that the North Central Association of Colleges and Secondary Schools accept this curriculum as the minimum requirement for the colleges of its Association which train teachers for health, and physical education and its related fields of recreation and safety.