

The College Four Year Major Curriculum

Minimum Requirements for the Preparation of Teachers of Health, Physical Education and Recreation.

Objective: To adequately prepare teachers for service in the field of health, physical education and recreation.

I. Academic area 31 - 40 hours

A. If the academic requirements of the college do not include the following, it is recommended that at least 15 hours be distributed to include each of the following: English, Social Studies and Speech.

B. Science prerequisites. 16 - 20 hours

Selected from the following subjects: Human anatomy, bacteriology, biology, chemistry, nutrition, physics, human physiology, zoology, applied anatomy and physiology(it is suggested that this subject be taught by the staff of the department of physical education), etc., with all possible adaptations to the training of teachers of health, physical education and recreation.

II. Educational area (Usually 15 hours)

The certification standards as set up by the state for all teachers shall apply in this area. The committee recommends that 6 hours be devoted to practice teaching largely in the fields of health, physical education and recreation.

III. Professional preparation. 30 hours

- A. Principals, organization and administration. . . 9 hours
 - Physical Education. . . 3 hours
 - Health and Safety. . . 3 hours
 - Recreation 3 hours

It is recommended that in addition an orientation course be offered during the first year to include: an introduction to all these fields, history, scope, professional courses, methods of study, opportunities and place in the general field of education, which will assist the student in understanding the professional field in which he is to work.

B. Adapted Activities. 3 hours

Body mechanics and individual physical education with an adaption to the normal and atypical children. The area should also include the limitations and ethical responsibilities of the physical education teacher in regard to the health examination.